



CHAVANA  
— SPA —



Sensatori Sharm El Sheikh

## Packages

**Journey of the Senses** 2 hrs 05 mins 900EGP  
Immerse yourself in an unforgettable journey of the senses. Peppermint Footbath ~ Lime Body Wash and Choice of Botanical Body Polish ~ Traditional Balinese Massage ~ Refresher Facial.

**Hamam** 1 hr 20 mins 750EGP  
Inspired by the ancient Turkish bath, this treatment includes a deep scrub in the warm Hammam room to exfoliate your skin, a cleansing ritual with soap bubbles, a massage and a cooling shower to energise your skin.

**Heaven & Earth** 1 hr 20 mins 690EGP  
This treatment package begins with a Traditional Balinese Massage to unwind and is followed with a Refresher Facial to leave you glowing.

## Facials

**ALGOTHERM Oxygenating** 1 hr 20 mins 720EGP  
A rejuvenating facial treatment to restore radiance and oxygen to the skin. By combining professional techniques with natural stimulants, exfoliants and semi-precious stones this treatment will remove toxins and improve the skin's complexion.

**ALGOTHERM Anti-Aging** 1 hr 20 mins 550EGP  
Using powerful products highly concentrated in natural anti-aging ingredients expertly massaged into the facial contours this treatment targets the fine lines and wrinkles leaving your skin younger, fresher and positively glowing.

**ALGOTHERM Pure Radiance** 50 mins 480EGP  
A simple but highly effective facial treatment to give you instant refreshment and radiance. The therapy includes peeling, massage and an all natural face mask.

**ALGOTHERM Quick and Refresh** 50 mins 480EGP  
If you need some time to relax and unwind then this is the perfect treatment for you. Enjoy a stress relieving facial massage working on the pressure points followed by cooling Algoterm face mask.

**ALGOTHERM Eye Contour** 45 mins 200EGP  
Targeted at the contours of the eyes and tailored according to your skin type the therapy is designed to reduce dark circles and fine lines leaving your skin glowing with vitality.

**Purity Facial** 50 mins 390EGP  
Using fresh ingredients prepared daily in the Spa kitchen. This facial treatment delivers cleaner, healthier and smoother skin.

## Massages

**Chavana Massage** 50 mins 720EGP  
Chavana's signature massage is a fusion of global techniques performed by two therapists at the one time.

**Muscle Ease** 50 mins 500EGP  
This deep tissue sports massage is an effective way to assist with muscle relaxation. It is designed to increase flexibility, relieve muscle tightness and improve circulation and recovery time.

**Traditional Balinese Massage** 50 mins 420EGP  
**Couple's Balinese Massage** 50 mins 800EGP  
Passed down through the generations this massage is designed to loosen tight muscles and improve energy flow through the body.

**Asian Foot Massage** 50 mins 390EGP  
Inspired by a selection of different Asian massage styles, this combination of strokes stimulates circulation, relieves tired and painful feet.

**Express Massage** 25 mins 300EGP  
For those of you on a tight schedule, this short but effective massage focusing on the back, neck and shoulders will help to relieve tension and stress.

## Body Treatments

**ALGOTHERM Silhouette Care** 1 hr 30 mins 520EGP  
Silhouette Care is a relaxing full body treatment designed to firm and tone the skin. The treatment includes exfoliation, a targeted massage and a body-wrap using detoxifying seaweeds.

**ALGOTHERM Silhouette Care (Repeated sessions)** 1 hr 440EGP  
Silhouette Body Care treatment is conducted over several sessions to give more defined, long lasting results.

**Chavana Spa Body Scrubs**  
Hibiscus 50 mins 420EGP  
Green Tea Spice 50 mins 420EGP  
Add a scrub to any treatment 50 mins 250EGP

## Other Treatments

**Spa Pedicure** 1 hr 15 mins 330EGP  
**Spa Manicure** 1 hr 300EGP

A spa treatment designed for the hands and feet. Includes a hand or foot soak, nail care, nail polish and a relaxing hand and arm or lower leg massage.

**Usage of Spa Facilities** 2 hrs 05 mins 150EGP  
(Indoor Pool, Sauna, Cold Shower and Steam rooms)

### 2, 3 or 4 days Package

Enjoy daily indulgence with our multi-day packages. Every day offers a luxurious spa experience to make your stay unforgettably wonderful. Please contact our spa for more information.

### Weekly Specials

Every week our spa will offer a special treatment or package. Please contact our reception for more details.

## Children's Menu

**Children's Pedicure** 50 mins 290EGP  
**Children's Pedicure with nail art** 1 hr 15 mins 330EGP  
**Children's Manicure** 45 mins 270EGP  
**Children's Manicure with nail art** 1 hr 300EGP

A fun spa treatment for your princess hands where you can choose bright colors and nail art. Includes a hand or foot soak, nail care, nail polish and a relaxing hand and arm or lower leg massage.

**Children's Back, Neck and Scalp Massage** 30 mins 255EGP

We promise not to tickle you in this wonderful soft massage done near the indoor pool or in an outdoor area of the resort. Bring your mom and dad so they can watch over you.

## Teen's Menu

**Teens' Pedicure** 50 mins 290EGP  
**Teens' Pedicure with nail art** 1 hr 15 mins 330EGP  
**Teens Manicure** 45 mins 270EGP  
**Teens Manicure with nail art** 1 hr 300EGP

A complete spa treatment for hands and feet, where you can choose bright colors and even a French style finishing. Includes a hand or foot soak, nail care, nail polish and a relaxing hand and arm or lower leg massage.

**Teens Back, Neck and Scalp Massage** 30 mins 255EGP

Come join us near the indoor spa pool or outdoor area for a relaxing spa treatment. This massage will leave you feeling relaxed and ready for another fun day on your holiday.

## Spa Basics

### Should I reserve my treatments?

Yes, either phone or visit the spa to book a reservation at your earliest convenience so we may accommodate your schedule.

### When should I arrive?

Please arrive at the Spa 15 minutes before the scheduled time to check-in and change.

### What if I have special health considerations?

Please notify our Spa Manager or Receptionist before booking your treatments if you have high blood pressure, allergies, other physical ailments or disabilities, or if you are pregnant. If you have any concern at all, let us know.

### What if I'm late for my appointment?

Arriving late will simply limit the time for your treatment, thus lessening its effectiveness and your pleasure. Your treatment will end on time so that the next guest is not delayed.

### What do I wear during my treatment?

You may wish to wear your own bikini or briefs, or we can provide you with hygienic disposable briefs. Choose what is most comfortable for you. Our therapists will always use draping techniques to respect your privacy.

### What about my valuables?

We advise guests not to bring valuables to the Spa as we do not accept liability for loss. For all other personal items we provide lockers.

### What if I need to cancel a spa reservation?

The treatments you select are reserved especially for you. Guests will be charged 50% for treatments not cancelled six hours in advance.

### Who will be responsible for my child during his/her treatment?

We have something for every member in the family. However, children and teens (under 18) must be accompanied by an adult.

### What about payment for spa services?

You may charge spa services to your hotel bill.



Chavana Spa  
Sensatori Sharm El Sheikh  
Sharm El Sheikh, Egypt

Phone : +2 069 3670 585

Fax : +2 069 3670 580

Email : [sensatori@chavanaspa.com](mailto:sensatori@chavanaspa.com)

[www.chavanaspa.com](http://www.chavanaspa.com)



A Mandara Spa Company