




planet hollywood spa by
MANDARA



Your body is a temple.
Treat it as such.



Welcome to a divine sanctuary, where a single moment spent in joy colors all the moments that follow. At Planet Hollywood Spa by Mandara, while our therapists and aestheticians bestow their expert touch upon your physical body, its effect resonates to the core of your being. Much can happen in a Mandara moment. *What are you waiting for?*

Our Story

The Mandara experience began on the spiritual island of Bali, inspired by the beautiful tradition of healing touches which are so deeply entwined within the culture. These time-honored therapies, combined with European methods and natural elements indigenous to Bali, meld together to provide the most unique and pampering spa treatments.

Mandara has traveled far from its roots while still maintaining a strong connection. Today we offer Balinese-inspired services in luxury resorts that stretch from the South Pacific Islands to the Far East and across the Americas to the Caribbean.

The name Mandara is Sanskrit and comes from an ancient legend about the gods' quest to find the secret to eternal youth and beauty. **In a Mandara moment, you may just discover it yourself.**

Transcend. Transform. Trust the Moment.



Not sure what to choose? Throughout the brochure, our most well-loved services are denoted with the Mandara symbol.







Spa Ceremonies

Escape your world. Indulge in ours.

Ceremony of Love

This romantic escape was designed for couples to share an experience in our deluxe spa suite. Your intimate journey begins with a luxurious bathing experience in our private whirlpool, and then continues while you both enjoy a sensuous body polish and indulgent full body massage while lying side by side. Pastries and refreshments will be served during your bathing experience. 2 hours 30 minutes.

Sunrise Awakening

Experience the revitalizing benefits of the Mandara Balinese Body Polish followed by a soothing Balinese Massage. Rejuvenate your skin with an Elemis Visible Brilliance Facial. 2 hours 30 minutes. *As an option, add a Classic Manicure and Pedicure for a complete spa ritual experience. 4 hours.*

Nirvana...Bliss for a Day

Bask in the pleasures of a Mandara Hot Stone Therapy Massage, then emerge radiant from your Elemis Pro-Collagen Quartz Lift Facial, followed by a luxurious and pampering Mandara Hand and Foot Ritual. Treat yourself to a shampoo and style and a personalized makeup application. Leave feeling refreshed and renewed all over. 5 hours.

Men's Spa Escape

Soothe overworked and tired muscles with a Sports Massage and cleanse and exfoliate deep into the skin's pores with the Elemis Urban Cleanse Facial for men. 2 hours. *As an option, add a Men's Sports Manicure and Pedicure for the ultimate spa experience. 3 hours.*



Face

Experience the ultimate in scientific skin therapy. We use specialized micro-circulatory massage techniques combined with our powerful proven formulations that restore skin radiance.



Elemis Tri-Enzyme Resurfacing Facial

This groundbreaking anti-aging facial instantly resurfaces and smoothes the skin. Clinically proven to visibly resurface by up to 75% and increase skin smoothness by up to 32% after just one treatment, this unique treatment targets blemishes, uneven skin tone, superficial facial scarring and fine lines, revealing a younger looking skin*. This superior treatment is further enhanced by a luxurious hand, arm, décolletage and scalp massage. 60 minutes. *Independent Clinical Trials 2006*



Pro-Collagen Quartz Lift Facial

This anti-wrinkle facial is clinically proven to reduce the number of wrinkles by up to 94% and improve skin firmness by up to 57% after just one treatment*. Empowered with Quartz micro-crystals and the anti-oxidant properties of other precious minerals, this treatment will slow down the visible signs of aging, leaving the skin firmer and uplifted. This exceptional therapy includes a hand, arm and scalp massage. 60 minutes. *Independent Clinical Trials 2007*

Elemis Visible Brilliance Facial

Independently tested with revolutionary results, this anti-aging face and eye treatment instantly firms, rejuvenates and plumps up the skin, while helping to reduce dark circles. Moisture levels of the skin are proven to increase by up to 61% and elasticity by 40% after just one treatment. Specialized micro-circulatory massage techniques are combined with powerful formulations and the two-phase Amino Active Mask to help smooth, sculpt and restore skin radiance. This amazing treatment is further enhanced by a luxurious hand, arm and scalp massage. 60 minutes. *Independent Clinical Trials 2004*

Elemis Skin Specific Facial

A deep cleansing, active aromatherapy facial for men and women. This facial combines the power of premium grade essential oils to help de-stress and oxygenate the skin cells. Choose from: *Herbal Lavender Repair* to help heal and balance combination skin types, *Exotic Moisture Dew* for dry, dehydrated skin and *Fruit Active Glow* to revive dull, lifeless complexions. 60 minutes.



Elemis Skin IQ for Men Facial

Helping to calm irritation and minimize the signs of aging, this facial is the ultimate overhaul for male skin. Incorporating the Time Defence Wrinkle Delay and Time Defence Eye Reviver, this anti-aging treatment protects against the harsh effects of shaving and environmental damage. 60 minutes.

Elemis Urban Cleanse for Men Facial

The deep complexion cleanse and complete skin detox. This super-grooming, deep cleansing facial decongests the skin, working overtime to help eliminate blocked pores, rapidly accelerate skin repair and neutralize impurities. Fast-acting ingredients reduce sensitivity and provide long-lasting defense against the damaging effects of daily pollutants, leaving the skin visibly clear and squeaky clean. 60 minutes.

La Thérapie HydraPeel Intensif Facial

Safe for all skins, unbuffered Glycolic preparations offer immediate, visible results for aging, sun damaged, acne-prone and hyper-pigmented skin. Following a thorough skin analysis and consultation you will be prescribed a treatment regimen appropriate for your specific needs. With the use of galvanic stimuli, the active ingredients are propelled into the deepest surface layers of the skin, helping to remineralize, remoisturize and rehydrate beyond the surface. Results are immediate after one treatment; lines, wrinkles and scarring appear finer and lighter. 50 minutes.

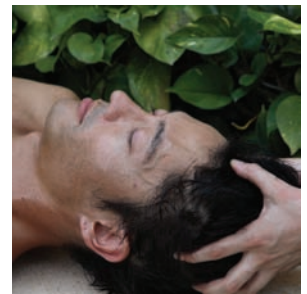


Micro-Therapy Facial

This revolutionary face therapy takes the technology of micro-dermabrasion to another level by using a gentler approach to beautiful skin that will not cause irritation. This treatment non-invasively helps to soften fine lines, reduce skin discoloration, tighten pores and reduce the appearance of age spots and scarring. When combined with a La Thérapie facial, it is as indulgent as it is effective. 50 minutes.

Skin Smoothie Facial

This facial is a super cooling, super hydrating, instant anti-aging treatment that reshapes and contours your face for a younger looking you. Infused throughout this age fighting treatment is an advanced Age-Less Technology that plumps and smoothes the skin within minutes. Instant gratification! 25 minutes.



Massage

When you enjoy a massage, you are participating in an ancient healing practice that has been used for centuries all over the world. It is our oldest form of healthcare.



Mandara Four Hand Massage

During this signature treatment, two therapists massage your body with a unique blend of five styles: Japanese Shiatsu, Thai, Hawaiian Lomi Lomi, Swedish and Balinese. The perfect harmonization of the two therapists makes this massage a most indulgent experience. 50 minutes.



Mandara Balinese Body Polish

An exotic ritual to invigorate and bring vitality to your body. Your skin will be polished and smoothed to a glow with our uplifting bliss® blood orange + white pepper scrub or detoxifying Elemis Lime & Ginger Salt Glow, complete with an application of body butter to hydrate the skin. This treatment includes a 25 or 50 minute massage. 50/75 minutes.



Elemis Aroma Spa Seaweed Massage

The power of aromatherapy is combined with the riches of the ocean in this deeply warming and detoxifying therapy. A heated seaweed mask containing a blend of essential oils is applied to your body before you are cocooned in a comforting wrap. Relax with a scalp and foot massage while the active ingredients work to ease arthritis, fatigue and promote internal cleansing. Choose from Cellutox to detoxify or Musclease to soothe sore muscles. Your treatment includes a 25 or 50 minute massage. 75/100 minutes.

Mandara Deep Tissue Massage

Excessive physical activity can cause deep muscular and joint distress. This massage helps to warm and relax the muscles and improve range of motion. Enjoy before physical activity to increase flexibility and afterward to help the speedy recovery of strained muscles. 50/80 minutes.



Mandara Hot Stone Therapy

Therapeutic and relaxing, this treatment alleviates stiffness and soreness while restoring energy and balance. Smooth, warmed stones glide across your body in long, flowing strokes. The stone's heat relaxes the muscles and has a soothing effect on your emotions. Simultaneously, other stones are placed on your body's energy points, deeply infusing muscles with heat to melt away tension. 50/75 minutes.

Balinese Massage

Relax, close your eyes and float away to a world of tranquility. Utilized for centuries to strengthen and heal the body, this traditional therapy combines stretching, long strokes, skin rolling and palm-and-thumb pressure techniques. Flowing and graceful, the Balinese massage relieves tension, improves blood flow, eases stress and encourages harmony. 50 minutes.

Swedish Massage

This classical European technique of manipulating muscles with aromatic massage oils is both relaxing and invigorating. While providing tonic for the soul, this massage can help improve the function of the circulatory, lymphatic, muscular and nervous systems. 50/80 minutes.

Sports Massage

Your massage is personalized to focus on your body's area affected by tension and stress. Special blends of oils are prepared to penetrate your skin to soothe tired and aching muscles. This treatment is designed to increase flexibility, relieve tightness and improve circulation and recovery time. 50/80 minutes.

Chi-Revival Foot Massage

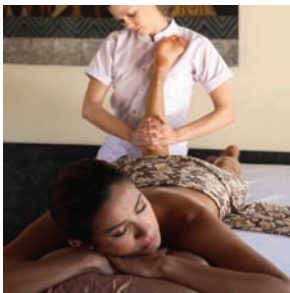
An ancient healing therapy that is as blissful as it is beneficial, this treatment works on the principle that all body organs are connected to reflex points in the feet via constantly flowing energy channels. Massaging these reflex points restores your natural energy flow and improves overall health by sending waves of deep relaxation throughout your body. 25/50 minutes.

Elemis Nurturing Massage for Mother-to-Be

Specially designed for mothers-to-be, this massage promotes relaxation, increases circulation and provides comfort during your wondrous time of change. The treatment helps to relieve tension and alleviate swelling in the hands and feet while uplifting your spirit. Your comfort and safety is assured with supportive pillows and Japanese Camellia Oil. 50 minutes.

Couples Massage

What a perfect way to spend time with someone you love. Both of you will enjoy a full body massage side by side. 50/80 minutes.



Massage Indulgences

Fancy some extra pampering? Choose from the following delights to add to your treatment.

Hot Stone Therapy

Using the vitality and energy of heated stones to soothe away stress and relieve muscular tension, aches and pains.

Conditioning Foot Treatment

An indulgent treat for the feet that rejuvenates and revitalizes.

Frangipani Nourishing Hair and Scalp Treatment

Restores luster to the hair and scalp and promises unadulterated relaxation.

Prolong-the-Bliss

50 or 80 minutes just not enough for you? Add a 30-minute segment to your massage to prolong the bliss a little longer.

Mandara Balinese Body Polish

Add a 25 minute exotic Body Polish to any treatment.

Bathing Rituals

Add a 25 minute luxurious bathing experience to any massage or body treatment.

Sensory Dry-Float Experience

Any wrap can be enjoyed in our floatation bed enhancing both the physical and relaxation benefits of our treatments.

Mandara to go

In-Suite Massage

Let us bring the spa to you. Allow the power of touch combined with the healing qualities of Aromatherapy relax your mind, body and soul in the comfort of your room. All In-Suite Massages are booked with same gender therapists. 50/80 minutes.

Cabana Massage

Enjoy complete relaxation in your deluxe poolside cabana. Massage Cabanas are located on the 6th floor for your enjoyment. Please contact the spa concierge for further details.



Body Therapy

We use the healing power of plants and flowers combined with expert touch to nourish your body and increase energy.

Elemis Body Sculpting Cellulite Therapy

Elemis has developed a body sculpting treatment that targets cellulite, helps to reduce fluid retention, firms and tones the body. A detoxifying fennel and birch peel-off body mask is combined with beneficial massage techniques on the hips and thighs to boost blood flow and drain away fluid, leaving your skin firmer and smooth to the touch. This treatment includes a relaxing scalp massage. 50 minutes.



Ionithermie Cellulite Reduction Treatment

This leading European body contouring solution helps detoxify your body, reduce fluid retention and tone your muscles. After a single treatment you will lose up to 8 inches from the areas treated. Ionithermie uses galvanic and faradic stimuli which also help improve circulation, enhance metabolism and reduce muscle pain. We recommend that you book a course of three for maximum results. 60 minutes.

Ionithermie Cheek Lift

This acclaimed treatment will help to give your buttocks a lift while firming and toning the skin. Active ingredients are applied to the area before we apply a soothing Clay, Algae and Pine mask. Gentle stimuli are then placed on the buttocks, thighs and tummy to stimulate muscle tissue and firm the skin. 60 minutes.

Elemis Exotic Coconut Rub and Milk Ritual Wrap

A traditional Balinese recipe with Coconut, Mungbean, Spices and Lavender polishes the skin while the sensation of warmed Monoi Oil and Milk Bath being drizzled over your body is simply divine. The natural ingredients work to heal while you enjoy a relaxing scalp massage. Includes a 25 or 50 minute massage. 50/75 minutes.

Elemis Exotic Frangipani Body Nourish Wrap

Inspired by a Tahitian recipe, this wrap blends fragrant Coconut and Frangipani flowers to produce Monoi Oil, a scented oil traditionally used by Polynesian women to protect and condition their bodies from environmental stressors. We anoint your body with this warm, rich and creamy formula before you are cocooned in a comforting wrap while you enjoy a conditioning scalp massage. Includes a 25 or 50 minute massage. 50/75 minutes.



Beauty Salon

Shining hair and groomed hands and feet are a reflection of your inner health and beauty.

We are a full service salon that offers everything from hair extensions to mineral makeup. Some of our signature salon services are listed below. For a complete listing of salon services, please see our price list.



Mandara Frangipani Hair and Scalp Conditioning

We use rich Frangipani Monoi Oil, legendary for its ritual uses in Tahiti. After cleansing your hair, we massage the scalp with this precious ingredient to ease away stress and give the hair a vibrant, healthful shine. To ensure the full benefits are received, we wrap the hair in a warm towel. Add this to any hair service. 25 minutes.

Shellac Manicure

No drying time. No chipping. No smudging. This tough as nails manicure uses a Shellac coating instead of regular polish, resulting in tremendous shine, depth of color and perfect finish. It provides excellent wear and comfortable protection for up to 14 days. A Shellac Pedicure is also available. 45 minutes.

Fire and Ice Manicure

Your nails are one of your most important accessories, so keep them beautiful with this invigorating manicure that will warm your spirit and cool your stress. Using a combination of therapeutic cooling gels and the warmth of massage with a heated stone, your skin will be smoother and your nails will be nourished and polished to perfection. 50 minutes.

Fire and Ice Pedicure

This super rejuvenating pedicure will warm your senses and cool your tension. Savor the sublime as your feet and lower legs are soothed with our cooling gels and then warmed with a heated stone massage. This combination of hot and cold, plus aroma-therapeutic ingredients promotes healthy-looking skin and nails. 60 minutes.



Mandara Ritual for the Hands and Feet

What could be more sumptuous than having both your hands and feet treated with heavenly indulgence? In this ritual they will enjoy an invigorating cleansing, exfoliation and massage, followed by a traditional manicure, pedicure and polish! 130 minutes.

Eyelash Enhancements

Our eyelash treatment is a safe and easy way to lengthen your lashes and reveal your most glamorous eyes. Synthetic lashes are bonded to your own lashes for a natural or dramatic look that can last up to 6 weeks depending on your natural lash cycle. Need a quick fix? Try our temporary eyelash extensions.

Airbrush Tanning

Bronze your body to perfection. Our custom tailored spray tan helps you acquire a healthy, natural looking golden brown glow in just minutes. This fast, sunless and flawless spray tan is personalized for your body and skin tone. We promise not to tell. Perfect for men and women. 30 minutes.

Fitness

The fitness center at Planet Hollywood offers cardiovascular and strengthening equipment. For those looking for extra motivation, book a personal training session or soothe sore muscles by experiencing our Alpha Capsule system. Daily, weekly or monthly passes are available for purchase which allows complete usage of the fitness equipment and spa amenities. If you spend over \$50 on spa treatments, you will receive a complimentary Fitness Center day pass valid on the day of spa service. Fitness facilities are available for ages 18 and up. Please see your spa concierge for further details.

Special Services

Wedding Day Makeup and Styling

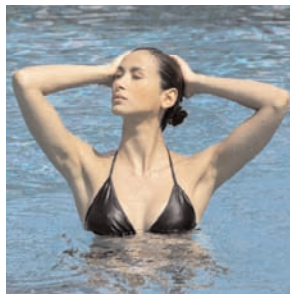
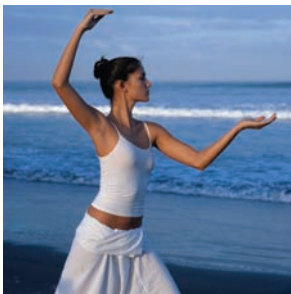
Let us develop an individual service tailored to the needs of you and your wedding party. Prices are based on time and number of persons participating. Ask the Spa Group Coordinator for details.

The Gift of Mandara

Gift Certificates are available for all services and spa packages and may be requested by calling 55772 from your room or (702) 785-5772 from outside the resort. Gift Certificates are packaged in an attractive gift envelope ready for presentation. At your request, we will mail Gift Certificates to the designated recipient at a nominal fee. We will also customize special packages for you.

Spa Group Events

If you are bringing a group to stay at the Planet Hollywood, don't forget to pre-plan spa arrangements for your guests. Our Spa Group Coordinator will be happy to ensure your spa appointments are scheduled, and that you and your group are indulged completely. Please call us at (702) 785-5772 to find out about our group programs. Fitness classes are also available.





Spa Tips

Hours of Operation The Spa is open from 7am-7pm daily. The Salon is open from 7am-7pm daily and the Fitness Center from 6am-7pm daily.

Reservations To schedule treatments you may call our spa directly from a hotel phone by dialing 55772. If you are calling from outside the hotel complex, dial (702) 785-5772 or for more information go to www.mandaraspaspa.com. We accept most major credit cards which are required to hold your reservation. We suggest making appointments in advance. However, we will always do our best to accommodate your requests.

Treatment Time Please arrive at least 30 minutes prior to your scheduled appointment so you can relax and make full use of the facilities. Our 32,000-square-foot full service luxury spa offers private men's and women's changing areas with showering facilities, hydrotherapy tub and large relaxation lounge. To keep the serenity of the spa, we ask that you turn off your cellular phone and electronic devices upon arrival. Regretfully, if you are late for an appointment we may have to shorten your treatment time to be on schedule for the next guest.

Cancellation Policy If you need to reschedule or cancel your reservation, we require at least 4 hours notice to avoid being charged the full price for your treatment.

Valuables For the safety of your valuables, we suggest that you leave them in the safe provided in your hotel room. The spa will not assume any liability for valuables.


Purchase Policy You can exchange unopened products within 14 days of purchase if you have a receipt. We cannot exchange any opened products.

Service Charge An additional 20% service charge will be added for your convenience. Gratuity for exemplary service is discretionary. Prices and services are subject to change without notice.

Minimum Age Requirements Spa guests must be at least 18 years of age to receive treatments or utilize spa. Salon services are available to guests of all ages.

Comments We welcome you to discuss openly your likes, dislikes, concerns or questions with your therapist before and during your treatment. After your experience, we would like you to share it with us via a comment card that is available at the front desk. You can mail this in to our corporate office postage paid, or seal it and give it to the spa concierge who will mail it for you.

Keep In Touch Make the spa part of your lifestyle and visit us at www.timetospa.com. Here you may repurchase your skin, body and hair care products as well as read our inspiring articles, find some delicious healthful recipes and be privy to our special offers.





PLANET HOLLYWOOD SPA BY MANDARA

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