



Signature Treatment (2.5 hours) 5,000
Mandara Experience

Floral Foot Bath – Asian Herbal Scrub – Shower - Thai Herbal Steam - Thai Yoga Massage - Refreshment

SPA PACKAGES

*Escape the limits of time and immerse yourself in one of our perfectly packaged recipes for relaxation. Each can be shared with a love one while you enjoy a side by side relaxing treatment in one of our twin spa suite.
Perfect for couples celebrating their honeymoons or friends relaxing together.*

SPA DETOX

3 Days Spa Detox 8,100

1st Day

Herbal Steam Bath
Seaweed Scrub

2nd Day

Lymphatic Drainage Massage

3rd Day

Rejuvenating Facial

5 Days Spa Detox 13,000

1st Day

Herbal Steam Bath
Seaweed Scrub

2nd Day

Seaweed Body Contour

3rd Day

Aromatherapy Massage

4th Day

Lymphatic Drainage Massage

5th Day

Rejuvenating Facial

7 Days Spa Detox 16,500

1st Day

Herbal Steam Bath
Seaweed Scrub

2nd Day

Seaweed Body Contour

3rd Day

Aromatherapy Massage

4th Day

Lymphatic Drainage Massage

5th Day

Back Massage

6th Day

Oriental Foot Massage

7th Day

Rejuvenating Facial

COUPLES PACKAGE

Romantic Getaway - Couples (4 hours) **14,800**
Steam Bath - Floral Foot Bath-Coffee Scrub-Aromatic Floral Bath-Aromatherapy Massage-Aromatic Facial-Refreshment

HALF DAY SPA PACKAGES

Ultimate Indulgence (5.5 hours) **9,800**
Steam Bath-Aromatic Floral Bath-Floral Foot Bath-A choice of scrub or a choice of wrap-Aromatherapy Massage-Spa Cuisine-Aromatic Facial-A choice of Spa Manicure or Pedicure-Refreshment

Mandara Sunrise (3 hours) **6,200**
Shower-Floral Foot Bath- Javanese Lulur Scrub-Yogurt Splash-Sport Massage- Rejuvenating Facial-Refreshment

Perfect Spa Experience (3 hours) **6,200**
Floral Foot Bath- Coffee Scrub- Aromatherapy Massage – Aromatic Facial-Refreshment

Oriental Retreat (3 hours) **5,200**
Shower-Floral Foot Bath-Thai Herbal Healer-Thai Herbal Facial-Foot Massage-Refreshment

SPA SAMPLERS

Healing (2 hours) **4,700**
Shower-Floral Foot Bath-Indian Head Massage-Ayurvedic Massage-Refreshment

Relaxing (2 hours) **4,200**
Floral Foot Bath -Warm Compress-A choice of Body Scrub-Shower-Aromatherapy Massage-Refreshment

Energizing (2 hours) **4,200**
Shower-Floral Foot Bath-Sport Massage-Rejuvenating Facial-Refreshment

Invigorating (2 hours) **3,200**
Floral Foot Bath-Traditional Thai Massage-Oriental Foot Massage-Refreshment

MASSAGES

Massages are a therapy that when applied with skill and care can precipitate many beneficial changes within the body, mind and spirit. It is a powerful treatment precisely because it works on both physical and psychological levels to invigorate and relax. Massage techniques and strokes of massage can ease pain or tension from stiff aching muscles, boost circulation and alleviate mental stress.

Elemis Aroma Stone Therapy (60 minutes) **5,520**
 Harnessing the healing power of warm Volcanic stone, small stones are placed on key energy points, whilst the deep penetrating heat from the stones are used to massage the body using traditional techniques to release muscular tension and balance the spirit.

Mandara Massage (60 minutes) **4,400**
 Mandara Spa Signature, performed by two therapists working together in rhythmic harmony. This massage combines 5 different massage styles, Japanese Shiatsu, Thai massage, Lomi Lomi, Swedish and Balinese which promote pure pleasure in mind.
Shower – Floral Foot Bath – Mandara Massage - Refreshment

Thai Herbal Healer (90 minutes) **3,000**
 A traditional Thai herbal therapy has been practiced to soothe muscle tension and stiffness on the key areas. This healing session begins with the application of warm Thai herbal poultice, which contains a variety of therapeutic Thai herbs & spices, then followed by a full body massage with well-selected herbal oil.
Shower-Floral Foot Bath – Thai Herbal Compress Massage - Refreshment

Ayurvedic Massage (60 minutes)**2,700**

An ancient healing technique developed in India 5,000 years ago where warm Ayurveda oils corresponding to individual doshas are used in a full body massage to alleviate muscle fatigue, tension, and improve circulation. An extremely balancing treatment that calms the mind and uplifts the spirit.

Shower – Floral Foot Bath – Ayurvedic Massage - Refreshment

Body Detox Massage (60 minutes)**2,700**

A therapeutic massage technique consists of light massages that stimulate lymph circulation on the face and body. Recommended for individuals suffering from fluid retention, toxicity and various skin disorders.

Shower – Floral Foot Bath – Body Detox Massage – Refreshment

Aromatherapy Massage (60 minutes)**2,400**

Our most aromatic and relaxing massage with a choice of four specially blended oils, Mandara, Harmony, Thailand Spice and Tranquility. Using a combination of strokes and acupressure techniques, this soothing and gentle massage allows the healing properties of these natural oils to penetrate into the skin leaving you relaxed and with a sense of well being. A definite jetlag tonic.

Shower – Floral Foot Bath – Aromatherapy Massage – Refreshment

Sport Massage (60 minutes)**2,400**

Warming to the body, this massage uses a blend of essential oils of Lemongrass and Ginger to stimulate and revitalize. It soothes sore muscles and improve blood circulation leaving you refreshed and relaxed. Designed for those leading an active lifestyle or for those who prefer a strong massage.

Shower – Floral Foot Bath – Sport Massage – Refreshment

Bali Floral Oil Massage (60 minutes)**2,400**

An authentic massage style that has been influenced by ageless traditions. Using an Indonesian Floral Oil with palm pressure and stretching techniques, this treatment relieves tension, improves blood flow and bring you waves of muscle relief.

Shower -Floral Foot Bath – Bali Floral Oil Massage - Refreshment

Traditional Thai Massage (90 minutes)**2,400**

Exotic, unique and the ultimate subliminal body workout. Passed down through generations, the Traditional Thai Massage is a blend of deep tissue massage using pressure points and stretching techniques. It releases tension, increases vitality and flexibility and creates wholeness of mind, body and spirit. Recommended for those who prefer a firm massage.

Floral Foot Bath – Traditional Thai Massage – Refreshment

Indian Head Massage (60 minutes)**2,200**

An Ayurvedic treatment that uses ayurvedic oils and pressures point Indian head massage technique to relax and revitalize the body. Excellent for insomnia, chronic headache, migraine and sinusitis.

Floral Foot Bath-Indian Head Massage-Shower-Refreshment

Oriental Foot Massage (60 minutes)**1,800**

A very old therapy that links the reflex zones on the feet to specific parts of the body. Relief from pain, illness and stress comes by putting pressure on the appropriate reflex zones of the feet.

Floral Foot Bath –Foot Reflexology - Refreshment

BODY TREATMENTS

Natural body therapies touch the senses and are important to the intricate balance of mind, body and spirit. They soothe the soul and foster balance and serenity.

Body Scrubs

Elemis Exotic Lime and Ginger Salt Glow (30 minutes) 3,300

An exotic exfoliation ritual to invigorate and revitalize the body. A luxurious and sublime treatment, that leaves your skin feeling deeply cleansed, replenished and softened to perfection.

Elemis Sole Delight Foot Treatment (30 minutes) 2,100

A sensory experience to beautifully nourish and condition your feet, which promises to leave you walking on cloud nine! This aroma-therapeutic treatment will lavish a rich and healing action on your skin.

Elemis Exotic Hand Ritual (30 minutes) 2,100

Pure pampering for your hands and nails. Cuticles and nails are conditioned with warmed aroma-therapeutic oils, whilst Skin Nourishing Milk Bath nourishes, smoothes and softens the hands.

Asian Herbal Scrub (60 minutes) 2,300

Using a variety of traditional ingredients, this treatment promises heavenly treats while getting rid of dead skin cells, leaving the body smooth and soft to touch.

Floral Foot Bath-Warm Compress-Asian Herbal Scrub-Shower-Refreshment

Green Tea Scrub (60 minutes) 2,300

Indulge your senses and relax while you are completely covered and polished with this potent antibacterial and detoxifying treatment. The fine granules leave skin smooth, healthy and soft.

Floral Foot Bath-Warm Compress-Green Tea Scrub-Shower-Refreshment

Tamarind Body Blast (60 minutes) 2,300

An age-old beauty treatment inspired by the Thai's subconscious use of the Tamarind fruit as a whitening agent to scrub, exfoliate and polish the skin. Taking the cue from nature, this treatment includes ground unpolished brown rice in B vitamins with yogurt and honey to nourish, revitalize and protect the skin.

Floral Foot Bath-Warm Compress-Tamarind Body Blast-Shower-Refreshment

Javanese Lulur (60 minutes) 2,000

A traditional Javanese beauty treatment, made from a blend of powdered spices and sweet woods, will soften and refine your skin as it gently exfoliates. Cool yogurt is applied to the body to further soften and nourish the skin.

Floral Foot Bath-Warm Compress-Javanese Lulur-Yogurt Splash-Shower-Refreshment

Coffee Scrub (60 minutes) 2,000

Made from locally grown Thai coffee beans and natural volcanic pumice this original Mandara recipe provides a stimulating and refreshing cleanse for the whole body. A body rub of fresh carrots is applied to condition the skin. This intoxicatingly aromatic experience aims to rejuvenate the skin and arouse the senses.

Floral Foot Bath-Warm Compress-Coffee Scrub-Shower-Refreshment

Body Wraps

Seaweed Body Contour (90 minutes) 3,200

Rich in organic matters, proteins, vitamins and trace minerals, this slenderizing treatment effectively tones and reshape the body when taken regularly.

Floral Foot Bath-Enzyme Exfoliator-Thermal Seaweed Mud-Shower-Light Massage with Firming Gel - Refreshment

Mud Therapy (60 minutes) 3,000

A deeply purifying treatment that combines the richness of sea plants and algae to detoxify, decongest and stimulate the body system to generate new skin cells for a smooth beautifully toned skin.

Floral Foot Bath-Warm Compress-Mud Therapy-Shower-Refreshment

Aloe Poultice (60 minutes) 3,000

A burn relief treatment for sunburned skin. This treatment begins with the soothing application of natural aloe vera gel followed by a cooling compress of mint and black tea leaves.

Floral Foot Bath-Aloe Vera Wrap-Mint & Black Tea Cooling Compress-Refreshment

Green Tea Splash (60 minutes) 2,300

Long known to possess anti-inflammatory properties, Green Tea gently hydrates the skin while encouraging healthy skin growth. This invigorating treatment includes a calming cocoon wrap and an energizing scalp and digito-pressure facial massage.

Floral Foot Bath-Warm Compress-Green Tea Splash-Shower-Refreshment

Cocktail Wrap (60 minutes) 2,300

Freshly picked tropical fruits are combined with wild honey and pure natural essential oils to nourish and hydrate the skin. A full body massage or facial is recommended to complete the experience.

Floral Foot Bath-Warm Compress-Cocktail Wrap-Shower-Refreshment

FACIALS

Discover the elixir of immortality and eternal youth with these Mandara Facials.

Elemis Visible Brilliance Facial (75 minutes) 5,520

For ageing, stressed and slackened skin

Clinically trialed with revolutionary results, this unique face and eye treatment instantly firms, rejuvenates and plumps up the skin, whilst smoothing, sculpting and restoring its youthful tone and texture. Moisturisation levels of the skin are proven to increase by up to 38% and elasticity by 28% after just 1 treatment

Elemis Pro-Collagen Marine Facial (75 minutes) 5,520

For fine lines and wrinkles

Producing immediate results in the fight against time! This exceptional face and eye treatment helps to slow down the signs of premature ageing and reduce the appearance of fine lines and wrinkles. Powerful anti-ageing ingredients, combined with specialized lifting massage techniques help the skin to have a more youthful appearance after just 1 treatment.

Elemis Oxygen SkinCalm Facial (75 mins) 4,410

For sensitive skin

This face and eye treatment is pure soothing heaven for sensitive skins. Helping to calm and rebalance delicate and fragile skin, this superior treatment combines soothing actives with a unique Japanese Silk Mask that helps to reduce redness and offer immediate comfort.

Elemis S.O.S. Purifying Facial (75mins) 4,410

For oily, problem and congested skins

This powerful purifying face and eye treatment helps to absorb excess sebum, regulate and balance the function of the skin, whilst helping to repair scarring. A unique Japanese Mask combined with Vita-C Booster Serum helps to calm and rebalance oil-rich pores, leaving beautiful matte skin.

Aromatic Facial (60 minutes) 2,200

Designed to purify and promote beautifully radiant skin. Our deluxe facial offers cleansing, toning, exfoliation and a revitalizing mask for both men and women. In addition, a light relaxing facial massage with an aromatic hydrating oil is used to soothe the skin, eliminating stress and leaving you totally relaxed.

Rejuvenating Facial (50 minutes) 2,100

A facial using the anti-oxidant benefits of green tea and grape seed to deeply penetrate the skin and protect against the damaging effects of the environment. Includes a pressure point facial massage to promote lymphatic drainage. Leaves your face glowing, soft and healthy.

Thai Herbal Facial (50 minutes) 1,900

Discover Thailand's secret beauty traditions with this traditional Thai facial. A blend of nourishing plant extracts is combined using ancient Thai recipes to nourish and hydrate the skin. Perfect for bringing up your youthful glow using nature's abundant goodness.

ADDITIONAL SERVICES

Dreamy, aromas filled baths are the perfect upgrade to any of our packages for couples sharing a Spa Suite.

Bliss of Mandara (Bath)

Moor Mud Bath (30 minutes) **660**
Allow the healing benefits of nature's bounty to detoxify decongest and stimulate your body system in this purifying bath.

Indian Spice Bath (30 minutes) **660**
A beautifully romantic, sensual bathing experience that drenches the body in rich fragrant warmth while you relaxes into our terrazzo plunge pool.

Honey Milk Bath (30 minutes) **660**
Indulge with pleasure like Cleopatra as you immerse yourself in the sweetness of our timeless Honey & Milk Bath.

Aromatic Floral Bath (30 minutes) **550**
Choose from our signature assortment of Mandara Aromatherapy oils to intrigue your senses. Enjoy a private tea service as the exotic aromas and relaxing floral bath balance your mind, body and spirit.

Steam Bath Rituals

Aromatic Steam Bath (30 minutes) **550**
Delight in the exquisite smell of exotic flowers and herbs as you relax and melt your stress away with this therapeutic bath.
Relaxing : Balancing : Refreshing

Thai Herbal Steam (30 minutes) **550**
Experience the therapeutic effects of Thai traditional herbs as you step into a dreamy, misty, heavily scented room. A dreamy place to soothe the body and clear the head.

BEAUTY TREATMENTS

Our salon offers a full range of beauty treatments such as, shampoo / blow-dry, hair cut, scalp massage plus hair nourishing treatment, pedicure, manicure and waxing for both Ladies and Gentlemen

IN - ROOM MASSAGES

Can be provided in the privacy of your room

(Available 10:00 a.m. - 10:00 p.m.)

Traditional Thai Massage (90 minutes) **2,000**
Oriental Foot Massage (50 minutes) **1,500**

POOL SIDE MASSAGE

(Available 10:00 a.m. - 5:00 p.m.)

Guests have the option of experiencing a Traditional Thai Massage near the nature, in a lush tropical garden setting. Subject to availability and weather conditions.

Traditional Thai Massage (90 minutes) **1,800**

SPA SUITES OF MANDARA

For the ultimate in spa luxury, you can enjoy your treatments in the splendor of lavish Spa Suite, complete with private plunge pool and steam. Complimentary herbal tea and cookies included.

1st hour of any part thereof	1,000
Each additional hour or any part thereof	500

All prices are in Thai Baht and are subject to 10% service charge and applicable Government Tax. Advance booking for Spa services are highly recommended to ensure availability. Appointments cancelled within less than 4 hours notice will incur a cancellation fee of 50% of the reserved treatment cost. In the event you are late for your scheduled appointment, we will accommodate you to the best of our abilities, but your treatment may be shortened or re-scheduled.

Prices are subject to change without prior notice

Treatments available from 10:00 a.m. – 10:00 p.m.

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