

Packaged by Mandara

Ultimate Indulgence 2 hrs 30 mins

An exotic, luxurious and unforgettable celebration of indulgence. Aromatherapy Floral Footbath ~ Lavender Body Wash ~ Choice of Traditional Body Scrub ~ Herbal Steam ~ Aromatherapy Floral Bath ~ Mandara Massage ~ Foot Massage ~ Elemis Taster Facial.

Luscious & Luminous 1 hr 50 mins

Exotically aromatic oils and essences deliver nourishment to thirsty skin and jaded senses. Floral Footbath with Elemis product ~ Elemis Exotic Frangipani Body Nourish Wrap, including mini facial ~ Balinese Massage.

Tahitian Medley With Balinese Massage With Express Massage 1 hr 50 mins 85 mins

Entice your body to an exfoliation with a difference. Warmed oils drizzled over your body ~ sumptuous mixture of lime and ginger massaged into the skin to slough away dryness ~ shower ~ embalm the body with a rich frangipani oil ~ receive a relaxing scalp massage and a mini facial whilst wrapped in the fragrant cocoon ~ Choice of Balinese or Express Massage.

Sultry Citrus Body Buff 1 hr 45 mins

Delivered with a refreshing burst of zing, this package gives you the look and feel of healthy, radiant skin and a mood to match. Floral Footbath with Elemis product ~ Elemis Exotic Lime & Ginger Salt Glow, including mini facial ~ Balinese Massage.

Harmony 1 hr 50 mins

A delightful package that will leave you looking refreshed and radiant. Aromatherapy Floral Footbath ~ Lavender Body Wash ~ Choice of Traditional Body Scrub ~ Aromatherapy Floral Bath ~ Balinese Massage or Pure Nature Facial.

Ocean Detox Wrap 1 hr 50 mins

Essentially a seaweed and clay body treatment designed to stimulate the lymphatic system, purge impurities and provide a mineral blast to the skin. A foil wrap is used to encourage the elimination of toxins, while a scalp massage manages to seemingly cleanse your mind. After a detoxifying steam shower and cleansing tea, lie down, close your eyes and sink into heaven with a body massage using a purifying blend of essential oils.

Relaxing 2 hrs

To leave you feeling relaxed and looking radiant. Aromatherapy Floral Footbath ~ Balinese Massage ~ Pure Nature Facial.

Spa Sampler 80 mins

Experience the pleasure of relaxation with this combination of Balinese Massage and your choice of Refresher Facial or Foot Massage.

Elemis Face

Elemis Pro-Collagen Quartz Lift Facial 75 mins

Immediate results in the fight against time. This anti-wrinkle facial is clinically proven to reduce wrinkles and improve skin firmness after just one treatment. Containing marine extracts, red coral and precious minerals, the skin cells are re-energised and regenerated resulting in a firmer, uplifted, more youthful looking appearance.

Elemis Skin IQ+ Facial for Men 75 mins

Anti-ageing booster for tired stressed skin. Helping to calm irritation and minimize ageing, this facial is the ultimate overhaul for male skin. Protecting against the harsh ageing effects of shaving and environmental damage, moisturisation levels are proven to increase by up to 38% and elasticity by 28% after just 1 hour.

Elemis Tri-Enzyme Resurfacing Facial 60 mins

Peel away the years for smoother more radiant skin. This ground breaking Anti-Ageing facial instantly resurfaces and smoothes the skin. Clinically proven to visibly resurface and increase the skin's smoothness, this unique treatment targets blemishes, uneven skin tone, superficial facial scarring and fine lines, revealing a younger looking skin.

Elemis Skin Specific Facial 60 mins

A therapeutic deep cleansing facial, prescribed for your skin. It combines the power of absolutes with true premium grade essential oils, to treat the skin at the deepest level, gently but surely. Specialized eastern massage movements help to stimulate and oxygenate your skin, whilst bringing the body and mind into balance.

- Fruit Active Glow ~ a great pick-me-up and pre-occasion treat to lift dull, lifeless skin.
- Herbal Lavender Repair ~ helps to heal and repair congested oil-rich skins.
- Exotic Cream Moisture Dew ~ for dry, thirsty skin in need of a hydrating surge.

Elemis Body

Elemis Body Sculpting Cellulite and Colon Therapy 60 mins

Deep cleanse, purify and improve skin texture. Help refine the appearance of cellulite and boost the circulation, with a detoxifying fennel and birch peel off body mask, combined with specialist massage drainage techniques to leave skin smoother and firmer to the touch.

Elemis Exotic Frangipani Body Nourish Wrap 45 mins
Exotic, aromatic Tahitian Coconut and Frangipani flowers are soaked together to produce the Monoi oil used in this luxurious body wrap, which includes a mini facial. The result is softened, fragrant skin with an all over body glow.

Elemis Exotic Lime and Ginger Salt Glow 45 mins
Invigorated, cleansed and polished to perfection. A body exfoliation ritual to invigorate and revitalise the body. After light body brushing, warm oil is dripped luxuriously over the body, before the sublime Elemis Exotic Lime and Ginger Salt Glow is applied and followed by a mini facial. Skin is deeply cleansed and moisturised, leaving it glowing and vibrant, replenished and flawless.

Face of Mandara

Radiance Facial 90 mins
For uneven skin tone

Designed by aroma-skincare specialist, Decleor, this facial aims to brighten and even out the complexion by preventing and neutralizing the appearance of dark patches. Moisturizing and anti-ageing agents are used to re-establish the skin's natural glow, leaving your skin brighter and more radiant.

Pure Nature Facial 50 mins
Mandara Spa's signature facial is rich in enzymes that can peel away dead skin, antioxidant vitamins to protect and treat the cells from environmental (and self-induced!) pollutants and natural oils for deep nourishment. We use only natural ingredients with no harmful preservatives or additives. There are three options for different skin types, relying on nature's life-force to restore the equilibrium and deliver a vitamin and mineral burst to your skin.

- Preserve - a cleansing and rejuvenating facial for normal skin.
- Renew - a fruit acid facial for treating environmentally damaged skin.
- Enrich - a nourishing facial for dry or mature skin.

Body of Mandara

Mandara Massage 50 mins
Not to be missed, never to be forgotten. Our signature massage, performed by two therapists working together, is a unique blend of five different massage styles – Shiatsu, Thai, Hawaiian Lomi Lomi, Swedish and Balinese. The synchronization of the two therapists makes this massage a sublime experience.

Balinese Massage 80 mins or 50 mins
Our most relaxing massage, harnessing the therapeutic properties of 100% pure essential oils. Used for centuries to renew, strengthen and heal both body and mind, this traditional therapy combines stretching, long strokes, skin rolling and palm and thumb pressure techniques to relieve tension, improve blood flow, ease stress and calm the mind. It can also help to improve the circulatory, lymphatic, muscular and nervous systems. For jetlag recovery, choose our Tranquility massage oil blend.

Warm Stone Massage 50 mins
The healing power of touch combines with the energy of the earth in this relaxing, muscle melting massage. Smooth, warmed rocks glide across your body in long, flowing strokes. The heat helps to relax the muscles and has a soothing effect on your emotions. Simultaneously, rocks are placed on the body's various energy points to encourage the body's healing potential.

Muscle Ease Massage 50 mins
This deep tissue sports massage is an effective way to assist with muscle relaxation. It is designed to increase flexibility, relieve muscle tightness and improve circulation and recovery time.

Fancy Foot-work 50 mins
The most blissful ride your feet will ever take you on. It's like reflexology without the 'ouch'. Based on the same therapeutic principles of its ancient ancestor, this foot massage will help to release toxins and restore your body's energy flow. And it feels like bliss at its celestial best.

Express Massage 25 mins
For those of you on a tight schedule, this short but effective massage will help to relieve tension and stress, allowing you to return to your day feeling relaxed and revitalised. It focuses on the shoulders, back and neck to loosen and relax the muscles that carry the stress of everyday living. Firm pressure helps to ease any muscle stress from exercise or repetitive activities.

More of Mandara

Foot Spa 50 mins
French Manicure 50 mins
Hand Spa 50 mins
These deluxe treatments include an aromatherapy hand or foot soak, traditional nail care, cuticle stimulation, nail polish and a wonderfully relaxing hand and arm or lower leg massage. The Foot Spa also includes a rejuvenating foot mask.

Absolute Escapes 2, 3 or 5 days
Enjoy daily indulgence with our multi-day packages. Every day offers a luxurious spa experience to make your stay unforgettably wonderful.