



MANDARA
— SPA —

NIKKO BALI
RESORT & SPA

Spa Villa Experiences

If you long for a divinely indulgent tropical spa adventure, our Spa Villa Experience menu is where you can find your dream come true. Capturing the true essence of spa, these treatments and packages include bathing time - a footbath and either an Aromatherapy Floral Bath or Herbal Steam.

Luxuriously designed to accommodate two people, all Spa Villas have a shaded outdoor bathtub and shower, private tropical garden and relaxation area while two also include spacious Herbal Steam rooms. Our Spa Villas are ideal for side-by-side pampering, so why not share a truly memorable experience with your partner.

Packaged by Mandara

Ultimate Indulgence 2 hrs 20 mins \$215
An exotic, luxurious and unforgettable celebration of indulgence. Aromatherapy Floral Footbath ~ Lavender Body Wash ~ Choice of Traditional Body Scrub ~ Aromatherapy Floral Bath or Herbal Steam ~ Mandara Massage ~ Foot Massage ~ Refresher Facial.

Harmony 1 hr 50 mins \$127
A delightful package that will leave you looking refreshed and radiant. Aromatherapy Floral Footbath ~ Lavender Body Wash ~ Choice of Traditional Body Scrub ~ Aromatherapy Floral Bath ~ Balinese Massage or Pure Nature Facial.

Spa Discovery 1 hr 25 mins \$105
Age old tradition combines with the finest skin care for a deliciously relaxing experience. Enjoy a Balinese Massage followed by a Pevonia Botanica Express Facial.

Spa Sampler 1 hr 50 mins \$101
Begin with an Aromatherapy Floral Footbath, a symbolic cleanse to wash away the world and prepare you for total relaxation. Sink into a luxurious Aromatherapy Floral Bath or step into the steam shower - infused with a detoxifying concoction of aromatic oils, herbs and spices - and enjoy herbal tea and cookies as you take time out to relax. Finally, enjoy a blissfully relaxing Balinese Massage and your choice of Refresher Facial or Foot Massage.

Ocean Detox Wrap 1 hr 50 mins \$100
Essentially a seaweed and clay body treatment designed to stimulate the lymphatic system, purge impurities and provide a mineral blast to the skin. Aroma Reflex Foot Ritual ~ Dry Body Brushing ~ Green Clay and Seaweed Wrap ~ Infrared Detox Sauna ~ Express Massage.

All Price are quoted in US dollars and are subject to prevailing Service Charge and Government Tax. Rates are subject to change without notice.

Pevonia Botanica Face

Ideal for both male and female skin, Pevonia combines nature's natural ingredients from plant, marine and earth botanicals and the advance technologies to deliver optimal results you can see and feel. All treatments are customized for your own skin concerns with personalized skin care solutions provided at the end of all treatments. All facials include an indulgent back massage for total relaxation.

Caviar Luxe Facial 1 hrs 20 mins \$95
The ultimate in combating the signs of ageing for both men and women. Your skin is drenched in the newest and exclusive high tech ingredients of Escutox (wrinkle relaxing and smoothing) and Russian Caviar (rejuvenating and anti ageing). A rich antioxidant mask is applied to boost the skin with Vitamins A, C, Collagen and Elastin for firming and rejuvenating benefits. Your skin is left plumper, smoother, younger and rejuvenated with the Timeless Caviar and Pearl Care Cream to complete this opulent anti ageing treatment.

Brightening 1 hrs 20 mins \$85
The skin is exfoliated with papaya and pineapple enzymes to remove dead cells and brighten the complexion, while a unique Vitamin C and Hyaluronic microemulsified gel is deeply massaged and infused into the skin to render the skin bright and moist to correct photo-damage. A lemon mask is then applied to brighten and drench skin with repairing antioxidants.

Lift and Firm 1 hrs 20 mins \$85
Drench your skin with this non oily Elastin enriched bio-microemulsified gel which counteracts the skin's lack of elasticity while hydrating and firming, to combat premature aging. Fine lines are reduced and the skin is renewed with vitality after the Seaweed and Ginseng mask stimulate circulation and tone the skin.

Mens Revival Facial 1 hrs 20 mins \$85
This richly repairing micro-emulsified gel contains Propolis a antibacterial and strengthening ingredient from the Jura Mountains of France. Combined with Lavender, this booster for the skin will calm, heal, and truly enrich your skin leaving it refreshed, plumped, hydrated and soothed. Perfect for men who suffer shaving rash or redness in the skin or also need healing from small breakouts and ingrown hairs. A customized mask is chosen to complete this repairing treatment.

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Aroma Fusion Facial 1 hr \$85

Harnessing the balancing power of plant energies to normalize the skin. Combining fruit enzyme exfoliation with pure essential oil blends and rich multi-vitamin masks to restore freshness and radiance. Your therapist will help select the perfect option for you and your skin's concerns:

Vitality ~ Sevactive for dry skin - rose, jasmine, ylang ylang, chamomile, clary sage

Calm ~ Lavandou for sensitive skin - french rose, neroli, lavender, chamomile, linden

Rebalance ~ Fundamental for combination - sandalwood, mandarin, grapefruit, rosemary, lemongrass.

After Sun Hydrating Facial 1 hr \$50

Too much fun in the sun on holidays or forgetting the sunblock can damage the skin. The calming and repairing benefits of waterlily, green tea and proline is perfect after too much sun exposure or wind burn. This exquisite and gentle treatment restores lost moisture and vanquishes free radicals that cause premature skin aging, while also preventing the skin from peeling. (exfoliation is not performed in this treatment).

De-Stress Eye Puffiness Treatment \$30

added into any facial or body wrap

The environment, travel and daily lifestyle choices can all visibly reflect on your most prominent feature. Containing Ginkgo Biloba and Hyaluronic Acid, this treatment effectively relieves dark circles and unappealing puffiness for refreshed, radiant eyes.

Face of Mandara

Our philosophy is to provide you with an exceptional and memorable spa experience, languidly paced and sublimely indulgent. Pure Nature Facial begins with a Floral Footbath, followed by a luxurious soak in an Aromatherapy Floral Bath or a cleansing spell in the Herbal Steam shower, and then there's time to relax with a pot of herbal tea before your facial begins.

Pure Nature Facial 1 hr 20 mins \$74

Mandara Spa's signature facial is rich in enzymes that can peel away dead skin, antioxidant vitamins to protect and treat the cells from environmental (and self-induced!) pollutants and natural oils for deep nourishment. We use only natural ingredients with no harmful preservatives or additives. There are three options for different skin types, relying on nature's life-force to restore the equilibrium and deliver a vitamin and mineral burst to your skin.

Preserve - a cleansing and rejuvenating facial for normal skin.

Renew - a fruit acid facial for treating environmentally damaged skin.

Enrich - a nourishing facial for dry or mature skin.

Body of Mandara

The following Spa Villa massages go that extra step with indulgent touches and the luxury of time. Every massage begins with a Floral Footbath followed by an exotic Aromatherapy Floral Bath or cleansing Herbal Steam and wraps up beautifully with your massage of choice.

Mandara Massage 1 hr 20 mins \$116

Not to be missed, never to be forgotten. Our signature massage, performed by two therapists working together, is a unique blend of five different massage styles - Shiatsu, Thai, Hawaiian Lomi Lomi, Swedish and Balinese. The synchronization of the two therapists makes this massage a sublime experience.

Shiro Dhara 1 hr 20 mins \$83

This oil flow treatment aims to clear the mind and encourage deep relaxation acting as a gateway to total rejuvenation. It begins with an Abhyanga Massage, Ayurveda's principal healing tool and the mother of all massages. Next, for 10 minutes, a gentle flow of aromatic oil is poured onto the third eye on your forehead. An uplifting and inspiring experience.

Warm Stone Massage 1 hr 20 mins \$83

The healing power of touch combines with the energy of the earth in this relaxing, muscle melting massage. Smooth, warmed rocks glide across your body in long, flowing strokes. The heat helps to relax the muscles and has a soothing effect on your emotions. Simultaneously, rocks are placed on the body's various energy points to encourage the body's healing potential.

Balinese Massage 1 hr 20 mins \$74

Our most relaxing massage, harnessing the therapeutic properties of 100% pure essential oils. Used for centuries to renew, strengthen and heal both body and mind, this traditional therapy combines stretching, long strokes, skin rolling and palm and thumb pressure techniques to relieve tension, improve blood flow, ease stress and calm the mind. It can also help to improve the circulatory, lymphatic, muscular and nervous systems. For jetlag recovery, choose our Tranquility massage oil blend.

Fancy Foot-work 1 hr 20 mins \$68

The most blissful ride your feet will ever take you on. It's like reflexology without the "ouch". Based on the same therapeutic principles of its ancient ancestor, this foot massage will help to release toxins and restore your body's energy flow. And it feels like bliss at its celestial best.

Sun Soother Wrap 1 hr 10 mins \$45

A delightfully refreshing treatment that delivers hydrating, balancing, anti-inflammatory and healing properties to any skin. Start with an Aroma Reflex Foot Ritual, and then lie your hot body down for a compress of chilled lavender infused towels. Next is a cooling and hydrating banana leaf wrap that combines cucumber and peppermint essential oil with a good dose of bliss, courtesy of a divinely relaxing foot massage. Shower, and finish off with a soothing and healing application of stabilised Aloe Vera gel.



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