

VALLEY RIVER SPA

BY MANDARA

Namaste.

My soul honors your soul.
I honor the place in you where the entire
universe resides.

I honor the light, love, truth, beauty and peace
within you because it is also within me.

In sharing these things, we are united;
we are the same; we are one.



Escape your World. Indulge in Ours.

Leave time at the door and enter a
sanctuary where wellness meets wonder.
Discover the beauty of Mandara Spa and
an ethos encompassing wellbeing from
around the world.

Mandara Spa captures the essence of our
Balinese heritage while charting a path to the
New World – a journey that touches on regional
influences infused into unparalleled Mandara
experiences.

The name Mandara comes from a Sanskrit
legend about the gods' quest to find the secret
to eternal youth and beauty. We believe you
will unlock the secret when you experience
a timeless Mandara moment.

Here, time stands perfectly still.

SIGNATURE TREATMENTS

PRICE LIST

JOURNEYS

SPECIAL OFFERS

BOOK NOW

SPECIAL SERVICES

SPA INFORMATION



Signature Treatments



Our locally-inspired, indigenous treatments are indicated with the Location symbol.

MANDARA ULTIMATE FACIAL

This high-performance treatment uses six BIOTEC 2.0 technologies—Ultrasonic, Microcurrent, Galvanic, LED Light Therapy, and Cryo and Oxygen Infusion—for visible smoothing, firming, and deep hydration. Fine lines, wrinkles, and uneven tone are reduced, revealing a lifted, radiant complexion.

90 MIN	FROM \$335
75 MIN	FROM \$300
60 MIN	FROM \$265

ELEMIS BIOTEC TARGETED TECHNOLOGY FACIAL

A taste of technology for the skin, the perfect pairing of technologies to combat fine lines, re-energize and plump or transform the skin's texture whilst minimizing the look of uneven tone.

Select from:

DYNAMIC RESURFACING

The powerful ultrasonic peel technology eliminates dirt and impurities while a customized multi-dimensional light therapy will rejuvenate, leaving the skin renewed, stunningly smooth and clear.

PRO-COLLAGEN AGE-DEFYING

A workout for the skin, using microcurrent to target lines and wrinkles, with customized multi-dimensional light therapy to leave skin rejuvenated and more vibrant.

90 MIN	FROM \$295
75 MIN	FROM \$260
60 MIN	FROM \$225

📍 CAROLINA BERRY REVITALIZING BODY POLISH WITH WRAP

Immerse yourself in the lush abundance of North Carolina with a rejuvenating ritual inspired by the region's native berries. A velvety, sugar-based polish infused with berries gently exfoliates the skin, preparing it to absorb soothing aromatics and nutrient-rich oils as the body is wrapped in a warm, cocooning embrace. The journey concludes with a lavish application of moisturizing body butter, revealing a fresh, radiant glow. Elevate your experience by adding a personalized massage.

120 MIN	<i>Includes 60 minute body massage</i>	FROM \$335
90 MIN	<i>Includes 30 minute back massage</i>	FROM \$265
60 MIN		FROM \$195

FIRE & ICE HOT STONE MASSAGE

A customized, heated Basalt stone massage complemented by ice-cool gels to gently detoxify the body and address areas of concern, alleviating stress and easing aching muscles.

While the body is in a pure state of blissful relaxation, melted paraffin on the back will enhance the warming sensation of this contrast therapy. Performed with medium pressure, this treatment promotes deep relaxation.

90 MIN	FROM \$280
75 MIN	FROM \$245
60 MIN	FROM \$210

COCONUT POULTICE MASSAGE

Perfectly warmed pure coconut compresses massage the body, releasing natural emollients - rich in Vitamins E and K - to nourish and moisturize the skin.

With light to medium pressure and using an array of Eastern and Western massage techniques and acupressure movements, the poultices are then applied to the body at pressure points to relax the muscles and release tension.

90 MIN	FROM \$280
75 MIN	FROM \$245
60 MIN	FROM \$210

BALINESE MASSAGE

Utilized for centuries to strengthen and heal the body, this traditional therapy combines stretching, long strokes as well as palm and thumb pressure techniques.

Delivered with light pressure, this flowing and graceful, this massage relieves tension, improves blood flow, eases stress, and encourages harmony.

90 MIN	FROM \$265
75 MIN	FROM \$230
60 MIN	FROM \$195

FRANGIPANI CONDITIONING HAIR & SCALP RITUAL

We use rich, exotic Frangipani Monoi Oil, legendary for its ritual uses in Tahiti.

After cleansing your hair, we massage the scalp with this precious ingredient and wrap the hair in a warm towel to ease away stress and give your locks a vibrant, healthful shine. Add this treatment to any hair service.

25 MIN	\$55
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KÉRASTASE® ELIXIR ULTIME 24-CARAT INDULGENT RITUAL

Nourish, protect, illuminate and instantly restore hair. This most indulgent ritual combines precious oils with a highly concentrated treatment to provide a sublime transformation, leaving hair silky, weightless and beautifully fragrant. Includes a scalp massage.

25 MIN	\$55
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MANDARA RITUAL FOR THE HANDS AND FEET

Featuring a sumptuous lineup of citrus, coconut and lotus flower milk. This luxurious ritual treats the hands and feet to an invigorating cleansing, signature exfoliation, soothing bamboo massage, and conditioning body butter application, followed by a traditional manicure, pedicure and polish.

MANICURE	FROM \$75
PEDICURE	FROM \$110

FIRE & ICE HOT STONE MANICURE AND PEDICURE

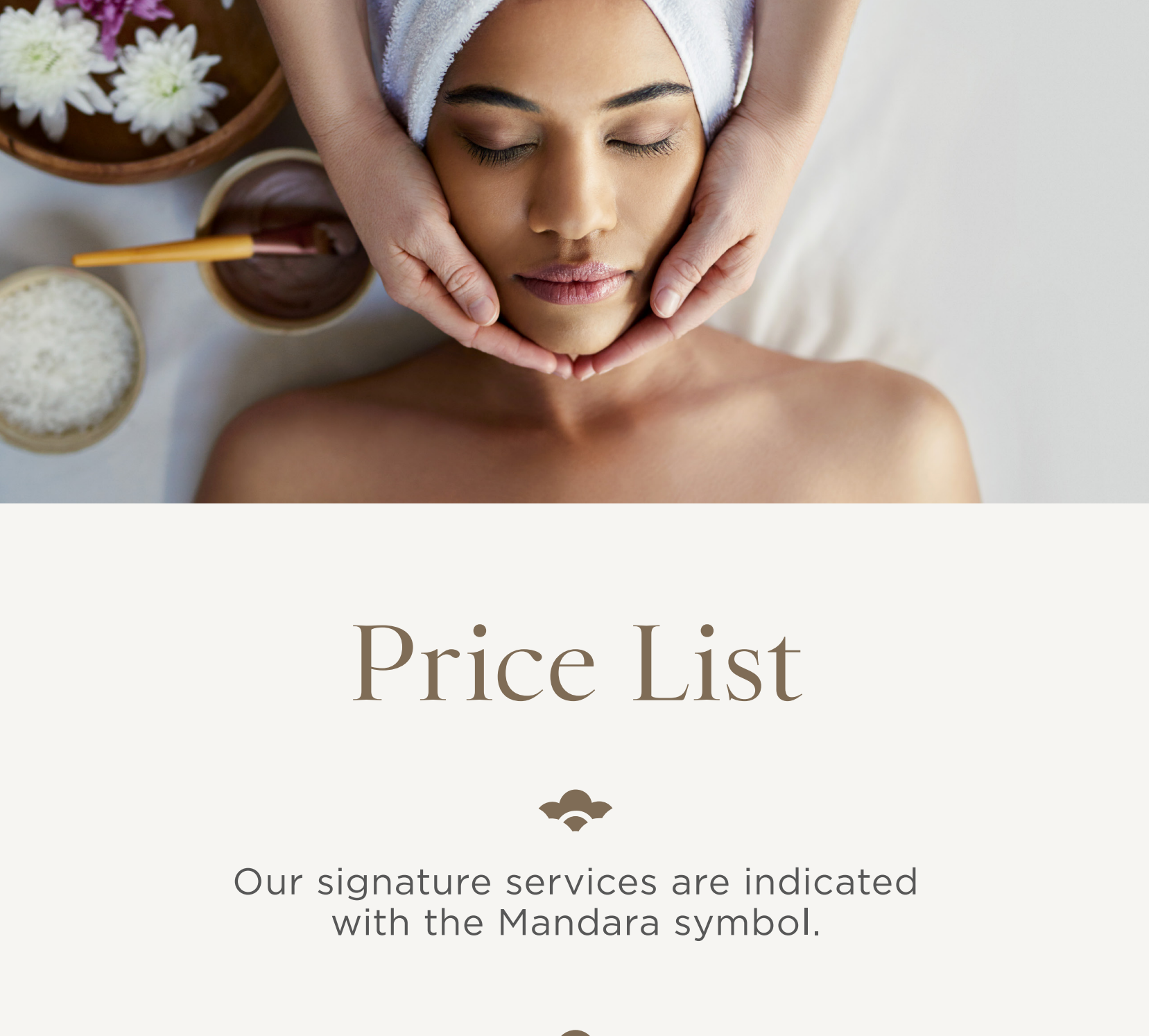
This invigorating therapy will warm your spirit and cool your stress. Using a combination of therapeutic cooling gels and the warmth of massage with a heated stone, your skin will be smoother and your nails will be polished to perfection.

MANICURE	FROM \$75
PEDICURE	FROM \$110

📍 CAROLINA BERRY MANICURE AND PEDICURE

Embark on a sensorial journey through the mountains of the Carolinas with this restorative therapy that will captivate the rich aroma of berries and nourishing oils. Hands and feet will be left feeling refreshed with an invigorating exfoliation, soothing massage, and a skin nourishing body butter application, followed by a traditional manicure, pedicure, and polish.

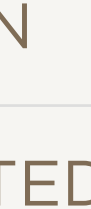
MANICURE	FROM \$60
PEDICURE	FROM \$90



Price List



Our signature services are indicated with the Mandara symbol.



Our locally-inspired, indigenous treatments are indicated with the Location symbol.

FACIALS

🌀 TECHNOLOGY FACIALS

MANDARA ULTIMATE FACIAL
90 MIN | 75 MIN | 60 MIN FROM \$335 | \$300 | \$265

ELEMIS BIOTEC TARGETED TECHNOLOGY FACIAL
Choose from Dynamic Resurfacing or Pro-Collagen Age-Defying.
90 MIN | 75 MIN | 60 MIN FROM \$295 | \$260 | \$225

TOUCH FACIAL

ELEMIS NOURISH AND RENEW FACIAL
90 MIN | 75 MIN | 60 MIN FROM \$260 | \$225 | \$190

FACIAL ENHANCEMENTS

ENRICH YOUR EXPERIENCE*

FRANGIPANI NOURISHING HAIR AND SCALP TREATMENT \$35

BROW MAINTENANCE \$25

LIP OR CHIN WAX \$25

ENZYME PEEL \$35

REVITALIZING PEEL \$35

CONDITIONING FOOT TREATMENT \$35

WARMING PARAFFIN TREATMENT (HANDS OR FEET) \$25

EXTEND YOUR EXPERIENCE**

BROW SCULPTING 15 MIN \$35

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BODY

📍 CAROLINA BERRY REVITALIZING BODY POLISH WITH WRAP
120 MIN | 90 MIN | 60 MIN FROM \$335 | \$265 | \$195

🌀 FIRE & ICE HOT STONE MASSAGE
90 MIN | 75 MIN | 60 MIN FROM \$280 | \$245 | \$210

🌀 COCONUT POULTICE MASSAGE
90 MIN | 75 MIN | 60 MIN FROM \$280 | \$245 | \$210

MANDARA DEEP TISSUE MASSAGE
90 MIN | 75 MIN | 60 MIN FROM \$280 | \$245 | \$210

🌀 BALINESE MASSAGE
90 MIN | 75 MIN | 60 MIN FROM \$265 | \$230 | \$195

PEACEFUL PREGNANCY MASSAGE
60 MIN FROM \$195

MANDARA SWEDISH MASSAGE
90 MIN | 75 MIN | 60 MIN FROM \$250 | \$215 | \$180

COUPLES MASSAGE (PRICED FOR TWO)
90 MIN | 75 MIN | 60 MIN FROM \$500 | \$430 | \$360

BODY ENHANCEMENTS

ENRICH YOUR EXPERIENCE*

FRANGIPANI NOURISHING HAIR AND SCALP TREATMENT \$35

HOT STONE THERAPY \$35

BAMBOO THERAPY \$35

STICKS AND STONES \$35

DEEP TISSUE \$30

CONDITIONING FOOT TREATMENT \$35

WARMING PARAFFIN TREATMENT (BACK, HANDS OR FEET) \$25

EXTEND YOUR EXPERIENCE**

CELLUTOX AROMA SPA OCEAN WRAP 60 MIN \$195

MUSCLEASE AROMA SPA OCEAN WRAP 60 MIN \$195

CITRUS BODY GLOSS 30 MIN \$110

EXOTIC FRANGIPANI MONOI SALT GLOW 30 MIN \$110

EXOTIC LIME AND GINGER SALT GLOW 30 MIN \$110

MANDARA COFFEE AND COCONUT MILK BODY POLISH 30 MIN \$110

REFLEXOLOGY 30 MIN FROM \$110

BATHING RITUAL 30 MIN \$110
Choose from Asian, Indian, Mediterranean or New World

WELLNESS WONDERS 15 MIN \$50
Choose from Breathing Release, Myofascial Release, Sound Wave Therapy or Acupressure – Hands & Feet.

SALON

HAIR

HAIR DESIGN WITH SHAMPOO AND BLOWDRY FROM \$95

HAIR DESIGN FROM \$70

SHAMPOO AND STYLE FROM \$60

FLAT OR CURLING IRON FROM \$35

FRENCH BRAID \$35

HAIRCUT AND STYLE FROM \$80

CHILDREN'S HAIRCUT AND STYLE \$55

BANG TRIM \$35

COLOR CORRECTION FROM \$145

FULL HIGHLIGHTING OR LOW LIGHTING FROM \$145

PARTIAL HIGH OR LOW LIGHTS FROM \$95

COLOR AND SHINE FROM \$100

COLOR TOUCH-UP FROM \$85

🌀 FRANGIPANI CONDITIONING HAIR AND SCALP RITUAL \$55

🌀 KÉRASTASE® ELIXIR 24-CARAT INDULGENT RITUAL \$55

KÉRASTASE® FUSIO-DOSE™ INSTANT HAIR TREATMENT \$25

KÉRASTASE® MASK \$25

FRANGIPANI OIL TREATMENT \$25

Most hair services are priced based on short hair and increase in price depending on hair length (medium, long and extra long) and texture. Please consult a hair stylist to determine the length.

NAILS

MANICURES

🌀 MANDARA HAND RITUAL FROM \$75

🌀 FIRE & ICE HOT STONE MANICURE FROM \$75

CND™ SHELLAC™ MANICURE FROM \$70

📍 CAROLINA BERRY MANICURE FROM \$60

CLASSIC SPA MANICURE FROM \$55

PEDICURES

🌀 MANDARA FOOT RITUAL FROM \$110

🌀 FIRE & ICE HOT STONE PEDICURE FROM \$110

CND™ SHELLAC™ PEDICURE FROM \$100

📍 CAROLINA BERRY PEDICURE FROM \$90

CLASSIC SPA PEDICURE FROM \$85

AROMATHERAPY PARAFFIN INFUSION \$25

HAND AND ARM MASK \$25

SHELLAC® ENHANCEMENT \$15

FRENCH POLISH \$10

POLISH CHANGE \$10

SHELLAC® REMOVAL \$20

NAIL ART (PER NAIL) \$10

NAIL REPAIR (PER NAIL) \$10

MAKEUP

MAKEUP APPLICATION \$65

TEMPORARY EYELASH ENHANCEMENTS \$30

WAXING

BROW MAINTENANCE \$25

BROW SCULPTING \$35

NOSE OR EAR \$25

LIP OR CHIN \$25

FULL FACE \$65

UNDERARMS \$35

FULL ARM \$65

HALF ARM \$35

MEN'S CHEST \$65

BACK \$80

STOMACH \$45

BASIC BIKINI \$45

BIKINI PLUS \$65

BRAZILIAN \$80

FULL LEG \$110

HALF LEG \$65

MEN'S GROOMING

MEN'S HAIRCUT AND STYLE \$60

MEN'S WET TRIM \$45

MEN'S COLOR \$65

MOUSTACHE, BEARD AND EYEBROW TRIM \$30

MEN'S SPORTS MANICURE \$55

MEN'S SPORTS PEDICURE \$85

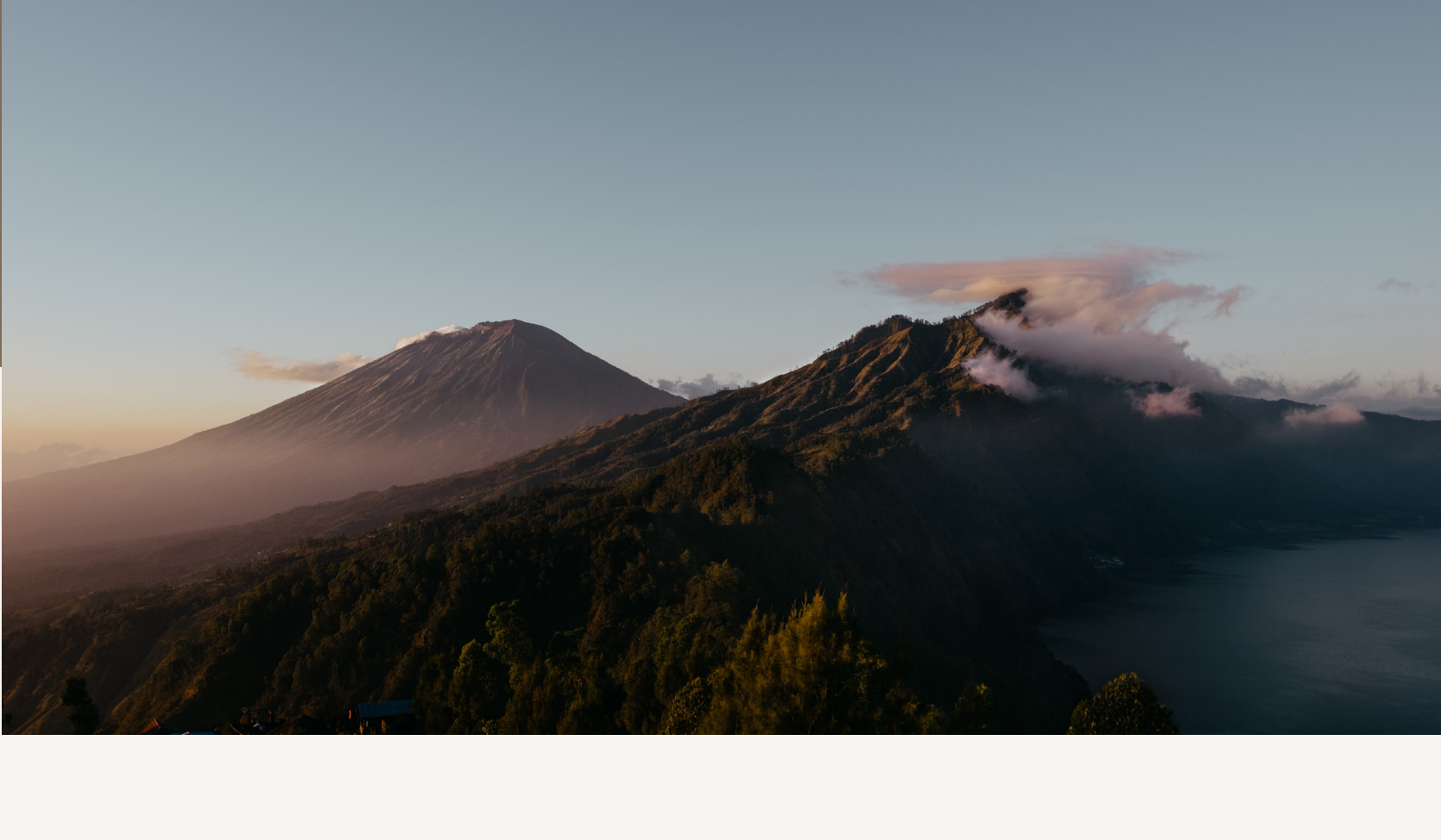
Menu prices indicate base rates and may increase depending on time and date of treatment. For the most up-to-date pricing during your visit, please refer to the online booking rates or call the spa to speak to a spa concierge.

For your convenience, a 20% service charge in lieu of gratuity will be automatically applied to the final bill.

** Enrich your experience with a service enhancement that is built-in to your service without adding time.*

*** Extend your experience with a service enhancement that adds time to your service.*

RETURN TO MAIN MENU



Journeys

Modern lifestyles are far removed from those of our ancestors. Charting the movements of air, fire, water and earth, Mandara Spa has taken key elements of ancient wisdom to restore our personal balance.

Enliven, Replenish, Release and Embrace with our Journeys of the Spirit, a mosaic of treatments that unite traditional rituals with modern-day services and a holistic approach — the ultimate experience for those seeking relaxation, invigoration, and renewal.

Drawing on world-inspired therapies and philosophies, immerse yourself in the cultures of Asia, India, the Mediterranean, and the New World. Each region is symbolized by one of the four elements and evokes a sense of place and self.

A collection of unique experiences, these Journeys have been curated to transport the mind and spirit to destinations across the globe.

Select a Journey that connects with your state of being.

COMPLETE JOURNEY

Select four or more services and save 20%. Includes a complimentary welcoming Aroma Reflex Foot Ritual.

PARTIAL JOURNEY

Select any two services and save 10%.

ASIAN JOURNEY

AIR / ENLIVEN

WELLNESS WONDER: BREATHING RELEASE
15 MIN

 BALINESE MASSAGE
90 MIN | 75 MIN | 60 MIN

MANDARA COFFEE AND COCONUT MILK
BODY POLISH
30 MIN

 MANDARA ULTIMATE FACIAL
90 MIN | 75 MIN | 60 MIN

ASIAN BATHING RITUAL
30 MIN

 MANDARA RITUAL FOR THE HANDS AND FEET
105 MIN

INDIAN JOURNEY

FIRE / REPLENISH

WELLNESS WONDER: MYOFASCIAL RELEASE
15 MIN

 FIRE & ICE HOT STONE MASSAGE
90 MIN | 75 MIN | 60 MIN

EXOTIC LIME AND GINGER SALT GLOW
30 MIN

 ELEMIS BIOTEC DYNAMIC RESURFACING
FACIAL
90 MIN | 75 MIN | 60 MIN

INDIAN BATHING RITUAL
30 MIN

 FIRE & ICE HOT STONE MANICURE
AND PEDICURE
105 MIN

MEDITERRANEAN JOURNEY

WATER / RELEASE

WELLNESS WONDER: SOUND WAVE THERAPY
15 MIN

MANDARA SWEDISH MASSAGE
90 MIN | 75 MIN | 60 MIN

CITRUS BODY GLOSS
30 MIN

 ELEMIS BIOTEC PRO-COLLAGEN FACIAL
90 MIN | 75 MIN | 60 MIN


MEDITERRANEAN BATHING RITUAL
30 MIN

CLASSIC SPA MANICURE AND PEDICURE
75 MIN

NEW WORLD JOURNEY

EARTH / EMBRACE

WELLNESS WONDER: ACUPRESSURE
15 MIN

 COCONUT POULTICE MASSAGE
90 MIN | 75 MIN | 60 MIN

EXOTIC FRANGIPANI MONOI SALT GLOW
30 MIN

 ELEMIS NOURISH AND RENEW FACIAL
90 MIN | 75 MIN | 60 MIN

NEW WORLD BATHING RITUAL
30 MIN

CND™ SHELLAC™ MANICURE AND PEDICURE
105 MIN

RETURN TO MAIN MENU



Special Services

Mandara Spa provides a unique collection of offerings as well as special occasion menus to enhance your spa journey during your visit. Spa management will be happy to ensure your reservations are scheduled and that you and your guests are completely indulged.

IN-SUITE MASSAGE*

Let us bring the spa to you. Allow the power of touch, combined with the healing qualities of aromatherapy, to relax your mind, body and soul in the comfort of your room. All in-suite massages are booked with same gender therapists.

BRIDAL SERVICES*

Your special day requires special attention. Allow us to tailor our services to create lasting memories for you and to meet the needs of your wedding party. Request a bridal menu, featuring special services for the bride, wedding party, and guests such as makeup, up-dos as well as pre- and post-wedding day relaxation packages.

SPA GROUP EVENTS

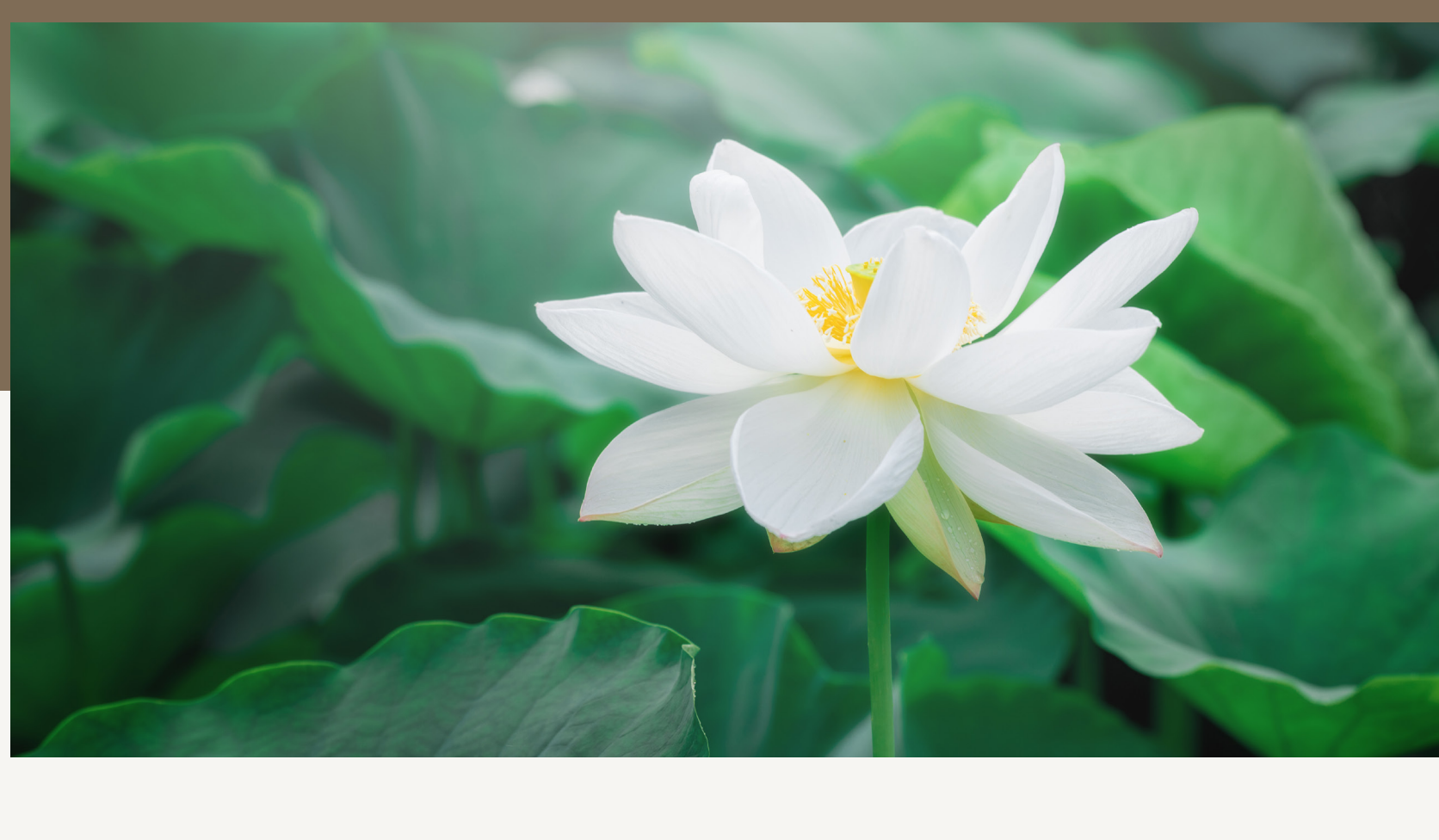
If you are bringing a group to the resort, do not forget to plan spa arrangements for your attendees. Our Meeting and Personal Event Planner provides you with detailed information on your location's spa venue and its offerings. From VIP reservations to incentive spa treatments, team building, and arranging in-suite amenities, Mandara Spa offers a myriad of wellness options for your event.

KIDS & TEENS SERVICES*

Wellness is for everyone to enjoy in our sanctuaries around the world. Mandara Spa offers an array of kid & teen-approved spa and salon services. Simply inquire with the location of your choice for a full menu of our kids and teens spa treatments and experiences including teen-approved facials, parent-child massages, and teen salon hair and nail services.

**Additional fees may apply.*

[RETURN TO MAIN MENU](#)



Spa Information

OUR PROMISE TO YOU

We are committed to inspiring your wellness journey while delivering uncompromising indulgence and the finest expression of service. Your comfort and enjoyment are important to us. If we have not fulfilled our promise to you, please visit the spa reception desk to ensure we remedy your experience.

HOURS OF OPERATION

Spa and Salon:

Sunday to Thursday 9am to 4pm

Friday to Saturday 9am to 6pm

RESERVATIONS

To schedule treatments, [you can book online](#). You may also call our spa directly from a hotel phone by dialing extension 5500 or call 828-422-5500 from outside of the hotel.

We require a credit card upon booking to secure your reservation and accept most major credit cards.

Pre-scheduling your services is recommended, although we do welcome walk-ins and will do our best to accommodate you.

MINIMUM AGE REQUIREMENTS

Spa guests are required to be 18 years or older to receive treatments or utilize the facilities. Spa services are available for teens 13-17 and salon services are available for kids and tweens, 5-12.

For further details, please see our teen and kid spa menu.

CANCELLATION POLICY

We require at least 24 hours' notice for changes in service date or cancellation to avoid being charged the full price for your treatments to the credit card provided when booking your services.

PURCHASE POLICY

Unopened products may be exchanged within 14 days of purchase if you have an original receipt. We cannot exchange open or damaged products.

SERVICE CHARGE

For your convenience, a 20% service charge in lieu of gratuity will be automatically applied to the final bill. The full service charge is passed through to your therapist. Gratuity for exemplary service is discretionary.

DYNAMIC PRICING

The location's price list indicates the base rate and may increase depending on time and date of treatment. For the most up-to-date pricing during your visit, please refer to the online booking rates or call the spa to speak to a spa concierge.

ARRIVAL

Please arrive at least 30 minutes prior to your scheduled appointment so you can relax and make full use of the facilities.

To maintain the serenity of the spa, we ask you to turn off your mobile phone and electronic devices upon arrival.

Regretfully, if you are late for an appointment, we may have to shorten your treatment time to be on schedule for the next guest. You will be responsible for the full price of the service.

VALUABLES

For the safety of your valuable items, we suggest you leave all jewelry and money in the safe provided in your hotel room. The spa will not assume any liability for valuables.

THE GIFT OF MANDARA

Gift cards are available in any dollar amount and will be packaged in an attractive envelope ready for presentation.

OUR LOCATIONS

Mandara Spas can be found in diverse locations around the world. To find a location nearest you, visit

mandaraspas.com

KEEP IN TOUCH

Make taking care of your skin, body and hair part of your daily ritual and visit us at:

timetospa.com

Here, you may repurchase your skin, body and hair care products as well as read our inspiring articles, find some delicious healthful recipes, and be privy to our special offers.

Customer Service c/o OneSpaWorld, LLC.
1-855-848-3059

[RETURN TO MAIN MENU](#)

