

Club Med Spa

by CINQ M̄NDES

TREATMENT MENU



Club Med Finolhu Villas



RITUALS SOJOURNS

SPA JOURNEY

4 HRS 5 MINS

MVR 9700 / Person
MVR 12700 / Couple

Get away from it all with our World Rituals by choosing any 1 x 1 hour 20 minutes treatment, 2 x 50 minutes treatments and 3 x 20 minutes treatments.

ULTIMATE INDULGENCE

2 HRS 35 MINS

MVR 7100 / Person
MVR 9200 / Couple

An exotic, luxurious and unforgettable celebration of indulgence. Footbath ~ Polishing Papaya Puree Scrub ~ Relieving Sublime Polynesian Massage ~ “Ko Bi Do” Global Anti-Ageing Facial.

SPA EXPERIENCE RITUAL

2 HRS 25 MINS

MVR 6700 / Person
MVR 8700 / Couple

Create your own Spa experience by choosing 2 x 50 minutes treatments (Massage or Facial) and 2 x 20 minutes treatments (Body Scrubs or The “Bali Flowers Ritual” Radiance Facial Treatment.)

CUSTOMIZED WELLNESS RITUAL

1 HR 15 MINS

MVR 4000 / Person
MVR 5200 / Couple

Create your own Spa experience by choosing 1 x 50 minutes massage and 1 x 20 minutes Body Scrub or Mini Facial of your choice.

BODY MASSAGES

CLUB MED FINOLHU MASSAGE

BY CINQ MONDES

1 HR 30 MINS

MVR 4200 / Person
MVR 5400 / Couple

Specifically created for sporting fans, this massage begins gently with the head, nape and back before progressing with a deep, rapid and warming movement to relax muscular tensions.

TONIFYING INDIAN AYURVEDIC MASSAGE

1 HR

MVR 3700 / Person
MVR 4800 / Couple

Enjoy the vanilla and cardamom fragrances of this warm oil, toning massage inspired by time-honored Indian traditions. A succession of various energetic and warming rhythms releases tension and relaxes the muscles.



BODY MASSAGES

RELIEVING SUBLIME POLYNESIAN MASSAGE

1 HR

MVR 3700 / Person
MVR 4800 / Couple

A body massage treatment inherited from Polynesian healers and inspired by Lomi-Lomi, which uses deep pressure and long, continuous movements from the practitioner's forearms. Delicate notes of Tiare flowers accompany you throughout this blissful experience of relaxation and letting go (massage using a blend of warm oil and balm).

RELAXING NORTH AFRICAN MASSAGE

1 HR

MVR 3700 / Person
MVR 4800 / Couple

This massage, inspired by North African traditions, works on the entire body using delicately perfumed warm Argan oil. The expert hands of the massage practitioner envelop you with slow, deep movements to promote a state of pure wellness.

DEEP-RELAXING BALINESE MASSAGE

1 HR

MVR 3700 / Person
MVR 4800 / Couple

Immerse in a world of tranquility with this ancestral massage Ritual from Bali that uses "Tropical Nuts Melting Body Balm". This sensorial escape includes gentle Thai stretching and traditional smoothing movements.

FACIAL TREATMENTS

"KO BI DO" SUPREME YOUTH FACIAL TREATMENT RITUAL

1 HR 30 MINS

MVR 4200 / Person
MVR 5400 / Couple

This exceptional treatment combines the beneficial effects of pharmacopeias used in Cinq Mondes' skincare. A truly natural face lift is achieved with Dermapuncture® movements: dermal kneading, face reflexology, acupressure, lifting and smoothing massage movements using the "jade ridoki" (roller). These 50 lifting movements revitalize and plump your skin, rekindling a youthful complexion.

"KO BI DO" LIFTING & PLUMPING FACIAL TREATMENT

1 HR

MVR 3700 / Person
MVR 4800 / Couple

This anti-wrinkle treatment is inspired by the time-honored Japanese Ritual, "Ko Bi Do" a remarkable manual face lifting technique, and acts on the whole face and neck with its deep massage movements that leave skin toned, smoothed and plumped.

FIVE FLOWERS RITUAL "ILLUMINESCENCE FACIAL TREATMENT"

1 HR

MVR 3700 / Person
MVR 4800 / Couple

Based on a Balinese ritual, this face treatment tones and illuminates the skin. Thanks to the combination of Tropical Five Flowers extracts and massage of the face, nape and shoulder muscles, the skin is cleansed and the complexion more radiant.

ADD ONS

Only sold as a complement to another treatment.

ENERGISING AROMATIC SCRUB 20 MINS MVR 1400

Enjoy a wonderful moment of wellbeing with this ancestral ritual inspired by beauty recipes and treatments from the Island of Java. With a fascinating earthy scent and a brilliant energizing recipe featuring zesty spices and sea salts, you'll awaken to satin smooth and a stimulating sense of energy.

POLISHING "PAPAYA PURÉE" SCRUB 20 MINS MVR 1400

A body polishing technique used in a Ritual from Siam with creamy, finely grained "papaya purée". After being delicately exfoliated and polished, your skin is supremely radiant and deliciously scented.

SUBLIME SCRUB WITH TAHITIAN MONOI 20 MINS MVR 1400

Drawing inspiration from the Polynesian Islands and perfectly suitable for the most sensitive skin, this traditional preparation of Monoi, made from infused Tiaré blossoms (Tahitian gardenias), raw sugar and ground coconut powder will regenerate skin and awaken the spirit.

"BALI FLOWERS RITUAL" RADIANCE FACIAL TREATMENT 20 MINS MVR 1400

Enjoy the delicate scents of tropical flowers in this "express radiance" treatment inspired by Balinese Beauty Rituals and discover its beneficial effects of skin cleansing, wellbeing and beauty.

RELAXING NORTH AFRICAN MASSAGE 20 MINS MVR 1400

This massage, inspired by North African traditions, works on the entire body using delicately perfumed warm Argan oil. The expert hands of the massage practitioner envelop you with slow, deep movements to promote a state of pure wellness.

RELAXING BACK MASSAGE 20 MINS MVR 1400

Discover the virtues of this deeply relaxing, warm oil massage. By focusing on muscles in the back, nape and shoulder blades, this treatment releases built-up tension providing a feeling of total wellbeing.

REVITALISING LEG MASSAGE 20 MINS MVR 1400

A moment entirely dedicated to relieving tired, heavy legs. This toning and draining massage takes its natural active ingredients from the Chinese Pharmacopeia. Your legs enjoy an instant refreshing sensation and feel light and revitalized.

SPA FOR CHILDREN AGED 6-17

SPA FOR CHILDREN AGED 6-11

SOFT TOOTSIES

20 MINS

MVR 1100

Foot bath, gentle exfoliation (Organic Sublime Scrub), mini foot massage (Tender Foot Cream), nail polish (one coat) for the girls.

PRINCESS HANDS

20 MINS

MVR 1100

Hand bath, gentle exfoliation (Organic Sublime Scrub), mini hand massage (Angel Hand Cream), nail polish (one coat) for the girls.

MY COCOON

20 MINS

MVR 1100

Relaxing massage with light pressure on arms, legs and back (Organic Sublime Body & Hair Oil).

SPA FOR TEENAGERS AGED 11-17

A selection of treatments are accessible for teenagers from 11 to 17 years old, according to the decision of the Spa.

*Sold only as a complement to another 20-minute treatment (full price) received, in the same treatment room, by the parent necessarily accompanying the child.

All prices are quoted in Maldives Rufiyaa (MVR) and inclusive of Tourism, Goods and Service Tax. Rates are subject to change without prior notice.



SPA GUIDE

Our spa is a place of well-being and serenity. Kindly be reminded to keep noise to a minimum and all mobile devices must be switched off or in silent mode while at the spa premises.

Smoking, food or alcohol is not permitted in any area of the spa.

Should I reserve my treatments?

Yes, either phone or visit the spa to book a reservation at your earliest convenience so we may accommodate your schedule. We recommend that you go to the Spa reception area as soon as you arrive at the village, with your "Club Med Pass" card, to schedule your treatments.

When should I arrive?

Please arrive at the Spa 15 minutes before the scheduled time to check-in and change.

What if I have special health considerations?

Please notify our Spa Manager or Receptionist before booking your treatments if you have high blood pressure, allergies, other physical ailments or disabilities, or if you are pregnant. If you have any concern at all, let us know.

What if I'm late for my appointment?

Arriving late will simply limit the time for your treatment, thus lessening its effectiveness and your pleasure. Your treatment will end on time so that the next guest is not delayed.

What do I wear during my treatment?

You may wish to wear your own bikini or briefs, or we can provide you with hygienic disposable briefs. Choose what is most comfortable for you. Our therapists will always use draping techniques to respect your privacy.

What about my valuables?

We strongly recommend that you do not bring valuables to the spa and to use the safe in your room. The management will not assume any liability for loss or theft of personal items.

What if I need to cancel a spa reservation?

The treatments you select are reserved especially for you. Guests will be charged 50% for treatments not cancelled six hours in advance.

What about payment for spa services?

You may charge spa services to your hotel bill. We accept only VISA, MASTER, AMEX and MAESTRO cards.

Note:

The care treatments proposed in the packages may not be modified or replaced. Your treatment package is personal and may not be transferred to anyone else.

Our massages are neither medical nor paramedical. All of them are well-being, aesthetic and non-therapeutic care treatments. The term "massage" may also be used to express techniques by our trained Spa Therapists.

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by CINQ M̄NDES

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