## MANDARA SPA

HARRAH'S CHEROKEE CASINO RESORT

## Namaste.

My soul honors your soul.

I honor the place in you where the entire universe resides.

I honor the light, love, truth, beauty and peace within you because it is also within me.

In sharing these things, we are united; we are the same; we are one.

# Escape your World. Indulge in Ours.

Leave time at the door and enter a sanctuary where wellness meets wonder. Discover the beauty of Mandara Spa and an ethos encompassing wellbeing from around the world.

Mandara Spa captures the essence of our Balinese heritage while charting a path to the New World – a journey that touches on regional influences infused into unparalleled Mandara experiences.

The name Mandara comes from a Sanskrit legend about the gods' quest to find the secret to eternal youth and beauty. We believe you will unlock the secret when you experience a timeless Mandara moment.

Here, time stands perfectly still.

#### SIGNATURE TREATMENTS

#### **PRICE LIST**

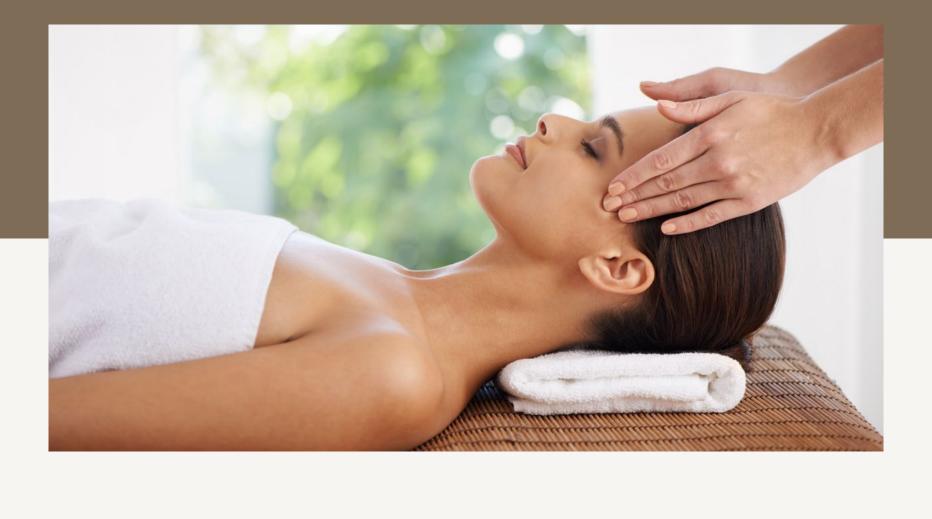
#### **JOURNEYS**

#### SPECIAL OFFERS

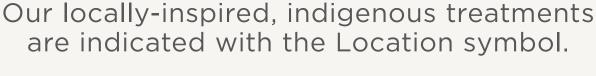
#### **BOOK NOW**

#### SPECIAL SERVICES

#### **SPA INFORMATION**



# Signature Treatments



### A breath of fresh air for the skin, this multifaceted treatment is designed to address

MANDARA SIGNATURE FACIAL

individual needs. Following a deep cleansing, exfoliation, necessary extractions, in addition to lifting

this facial is topped off with a pure oxygen spray infused with vitamins to brighten and revitalize the skin. This rejuvenating therapy includes a decadent hand, arm, and scalp massage as well as an application of our signature beauty oil.

and firming using microcurrent technology,

90 MIN \$300 **75 MIN** \$270

60 MIN	\$240
BIOTEC ANTI-AGING FACIALS	
BIOTEC facial treatments are where groun	d-

## ingredients and transformative touch.

The pioneering innovation of BIOTEC technology works to activate the skin and boost its natural cellular energy, enhancing

breaking science meets nourishing, vitamin-rich

The clinically proven result is a thriving, visibly healthy, and energized skin. 90 MIN \$290

the sensitive touch of the therapist.

75 MIN	\$260
60 MIN	\$230
LAVENDER HEALING REPAIR FACIAL	
The power of nature, our specialized hand	S

on technique, and the lavender ingredients

make this facial relaxing and restorative.

#### Lavender is a key healing herb used in Native American ceremonies because of its soothing

properties. When used in skincare, it helps to calm inflamed or blemished skin and, at the same time, the beautiful aroma helps the mind achieve a restful state. 60 MIN \$180 **Q** JUNIPER BERRY AND ALGAE DETOX Juniper Berry has been used in Native

American ceremonies for thousands of years to dispel negative forces from the environment.

It has superior cleansing properties and when

used in this rich seaweed puree it helps the

#### body to eliminate toxins, which are thought to cause cellulite. In this detoxifying treatment, we

brush the body to eliminate dead skin, apply the puree to the body, and wrap the body to release toxins. Following a shower, you will then enjoy a wonderfully soothing 30-minute back massage or 60-minute, full-body massage. 120 MIN \$305 90 MIN \$245 FIRE & ICE MASSAGE

detoxify the body and address areas of
concern, alleviating stress and easing
aching muscles.
While the body is in a pure state of blissful

A customized, heated Basalt stone massage

complemented by ice-cool gels to gently

contrast therapy. 90 MIN \$260 **75 MIN** \$230

\$200

\$50

\$50

relaxation, melted paraffin on the back will

enhance the warming sensation of this

**COCONUT POULTICE MASSAGE** 

muscles and release tension.

**BALINESE MASSAGE** 

thumb pressure techniques.

FRANGIPANI CONDITIONING

HAIR & SCALP RITUAL

INDULGENT RITUAL

**25 MIN** 

**25 MIN** 

60 MIN

– rich in Vitamins E and K – to nourish and moisturize the skin.
Using an array of Eastern and Western
massage techniques and acupressure
movements, the poultices are then applied

to the body at pressure points to relax the

Perfectly warmed pure coconut compresses

massage the body, releasing natural emollients

90 MIN \$260 \$230 **75 MIN** 60 MIN \$200

Utilized for centuries to strengthen and heal

the body, this traditional therapy combines

stretching, long strokes as well as palm and

Flowing and graceful, the Balinese massage

relieves tension, improves blood flow, eases

#### stress, and encourages harmony. 90 MIN \$245 **75 MIN** \$215 60 MIN \$185

## the hair in a warm towel to ease away stress and give your locks a vibrant, healthful shine. Add this treatment to any hair service.

scalp with this precious ingredient and wrap

We use rich, exotic Frangipani Monoi Oil,

After cleansing your hair, we massage the

legendary for its ritual uses in Tahiti.

KÉRASTASE® ELIXIR ULTIME 24-CARAT

Nourish, protect, illuminate and instantly

restore hair. This most indulgent ritual combines precious oils with a highly concentrated treatment to provide a sublime transformation, leaving hair silky, weightless and beautifully fragrant. Includes a scalp massage.

Breathe, treat and texturize with a 3 step made-to-measure ritual to take your tresses from flat to flawless. **15 MIN** \$30

MANDARA RITUAL FOR THE HANDS AND FEET

A sumptuous lineup of citrus, coconut and

cleansing, signature exfoliation, soothing

the hands and feet to an invigorating

lotus flower milk. This luxurious ritual treats

KÉRASTASE® 123 HAIR RITUAL

pamboo massage, and condition	iing boay
butter application, followed by a	traditional
manicure, pedicure and polish.	

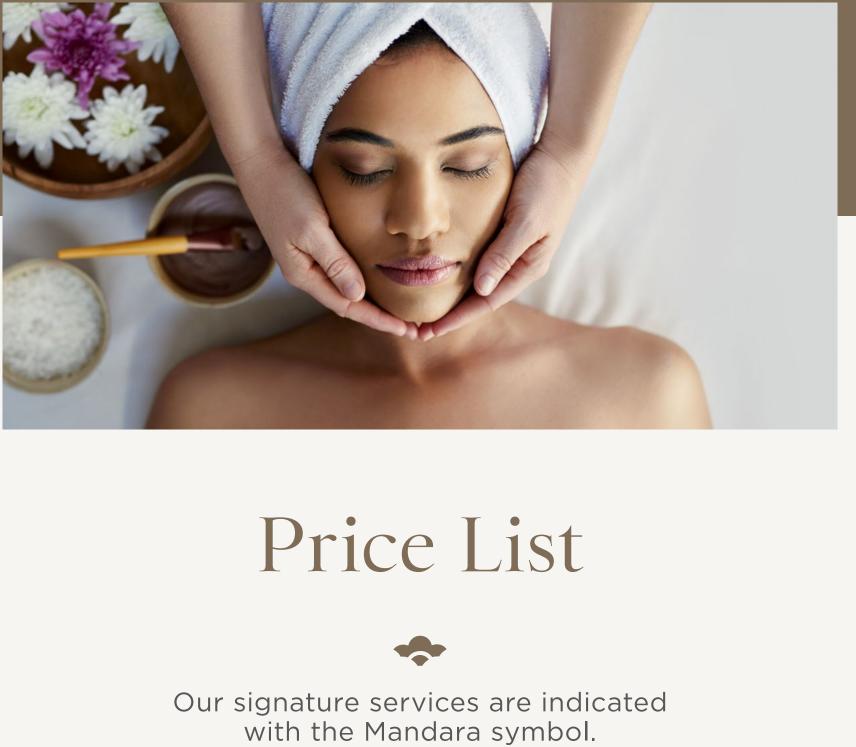
**MANICURE** \$75 **PEDICURE** \$105 FIRE & ICE MANICURE & PEDICURE This invigorating therapy will warm your spirit and cool your stress. Using a combination

of therapeutic cooling gels and the warmth

of massage with a heated stone, your skin

will be smoother and your nails will be

\$75
\$105



Our locally-inspired, indigenous treatments are indicated with the Location symbol.

**FACIALS** 

★ TECHNOLOGY FACIALS

MANDARA SIGNATURE FACIAL 90 MIN | 75 MIN | 60 MIN \$300 | \$270 | \$240 ELEMIS BIOTEC LINE ERASER

90 MIN | 75 MIN | 60 MIN \$290 | \$260 | \$230 ELEMIS BIOTEC FIRM-A-LIFT 90 MIN | 75 MIN | 60 MIN \$290 | \$260 | \$230

ELEMIS BIOTEC SKIN RESURFACER

ELEMIS BIOTEC SUPER-CHARGER FOR MEN 90 MIN | 75 MIN | 60 MIN \$290 | \$260 | \$230

90 MIN | 75 MIN | 60 MIN \$290 | \$260 | \$230

TOUCH FACIAL

ELEMIS SUPERFOOD PRO-RADIANCE 90 MIN | 75 MIN | 60 MIN \$240 | \$210 | \$180 LAVENDER HEALING REPAIR FACIAL 60 MIN \$180

**FACIAL ENHANCEMENTS** 

**ENRICH YOUR EXPERIENCE\*** 

FRANGIPANI NOURISHING

HAIR AND SCALP TREATMENT \$35 **BROW MAINTENANCE** \$25

\$25

\$50

LIP OR CHIN WAX

**EXTEND YOUR EXPERIENCE\*\*** 

BIOTEC NECK TREATMENT

**ENZYME PEEL** 

REVITALIZING PEEL \$50 CONDITIONING FOOT TREATMENT \$35 WARMING PARAFFIN TREATMENT \$25 (HANDS OR FEET)

**OXYGEN BLAST 15 MIN** \$50 BIOTEC EYE TREATMENT **15 MIN** \$50

**15 MIN** \$50 **BROW SCULPTING 15 MIN** \$35 WAXING SEE WAXING SECTION FOR PRICING

• JUNIPER BERRY AND ALGAE DETOX \$305 | \$245 120 MIN | 90 MIN ♣ FIRE & ICE MASSAGE 90 MIN | 75 MIN | 60 MIN \$260 | \$230 | \$200

90 MIN | 75 MIN | 60 MIN \$260 | \$230 | \$200

90 MIN | 75 MIN | 60 MIN \$260 | \$230 | \$200

COCONUT POULTICE MASSAGE

MANDARA DEEP TISSUE MASSAGE

MANDARA CUSTOMIZED MASSAGE

COUPLES MASSAGE (PRICED FOR TWO)

BODY

**♣** BALINESE MASSAGE 90 MIN | 75 MIN | 60 MIN \$245 | \$215 | \$185 PEACEFUL PREGNANCY MASSAGE 60 MIN \$185

90 MIN | 75 MIN | 60 MIN \$230 | \$200 | \$170

**BODY ENHANCEMENTS** 

\$35

\$35

\$35

\$35

\$185

\$110

\$105

\$105

\$105

\$105

\$105

\$50

FROM \$95

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\$65

\$35

\$65

\$80

\$45

\$45

\$65

\$80

\$110

\$65

\$55

\$40

\$65

\$30

\$55

\$85

STICKS AND STONES CONDITIONING FOOT TREATMENT

MUSCLEASE AROMA SPA OCEAN WRAP

EXOTIC FRANGIPANI MONOI SALT GLOW

EXOTIC LIME AND GINGER SALT GLOW

MANDARA COFFEE AND COCONUT MILK

**ENRICH YOUR EXPERIENCE\*** 

HAIR AND SCALP TREATMENT

FRANGIPANI NOURISHING

HOT STONE THERAPY

60 MIN

**30 MIN** 

**30 MIN** 

**30 MIN** 

**30 MIN** 

**30 MIN** 

**30 MIN** 

**15 MIN** 

**BODY POLISH** 

WELLNESS WONDERS

REFLEXOLOGY

CITRUS BODY GLOSS

\$35 \$25 WARMING PARAFFIN TREATMENT **EXTEND YOUR EXPERIENCE\*\*** CELLUTOX AROMA SPA OCEAN WRAP 60 MIN \$185

## **BATHING RITUAL** Choose from Asian, Indian, Mediterranean or New World

**SALON** 

HAIR DESIGN WITH SHAMPOO

AND BLOWDRY

SHAMPOO AND STYLE

HAIR DESIGN

Choose from Breathing Release,

or Acupressure - Hands & Feet.

Myofascial Release, Sound Wave Therapy

HAIR

FLAT OR CURLING IRON FRENCH BRAID HAIRCUT AND STYLE CHILDREN'S HAIRCUT AND STYLE **BANG TRIM** 

AND SCALP RITUAL

INDULGENT RITUAL

INSTANT TREATMENT

**COLOR CORRECTION** 

**COLOR AND SHINE** 

**COLOR TOUCH-UP** 

**MANICURES** 

**PEDICURES** 

**→** FRANGIPANI CONDITIONING HAIR

★ KÉRASTASE® ELIXIR 24-CARAT

★ KÉRASTASE® 123 HAIR RITUAL

PARTIAL HIGH OR LOW LIGHTS

FULL HIGHLIGHTING OR LOW LIGHTING FROM \$135

KÉRASTASE® FUSIO-DOSE™

Most hair services are priced based on short hair and increase in price depending on hair length (medium, long and extra long) and texture. Please consult a hair stylist to determine the length. **NAILS** 

MANDARA HAND RITUAL

CND™ SHELLAC™ MANICURE

♣ FIRE & ICE MANICURE

CLASSIC SPA MANICURE

MANDARA FOOT RITUAL

CND™ SHELLAC™ PEDICURE

♣ FIRE & ICE PEDICURE

CLASSIC SPA PEDICURE

SHELLAC® ENHANCEMENT

FRENCH POLISH

POLISH CHANGE SHELLAC® REMOVAL NAIL ART (PER NAIL) NAIL REPAIR (PER NAIL) **MAKEUP** 

TEMPORARY EYELASH ENHANCEMENTS

**WAXING** 

MAKEUP APPLICATION

**BROW MAINTENANCE** 

**BROW SCULPTING** 

HALF ARM

STOMACH

**BASIC BIKINI** 

**BIKINI PLUS** 

**BACK** 

MEN'S CHEST

AROMATHERAPY PARAFFIN INFUSION

NOSE OR EAR LIP OR CHIN FULL FACE **UNDERARMS FULL ARM** 

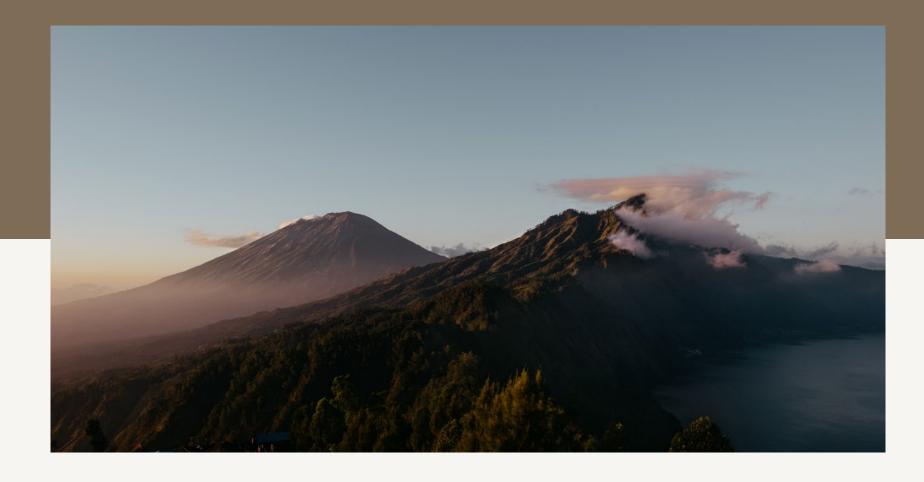
BRAZILIAN **FULL LEG** HALF LEG

**MEN'S GROOMING** MEN'S HAIRCUT AND STYLE MEN'S WET TRIM MEN'S COLOR

MEN'S SPORTS MANICURE MEN'S SPORTS PEDICURE For your convenience, a 20% service charge in lieu of gratuity will be automatically applied to the final bill.

MOUSTACHE, BEARD AND EYEBROW TRIM

\* Enrich your experience with a service enhancement that is built-in to your service without adding time. \*\* Extend your experience with a service enhancement that adds time to your service.



# Journeys

of our ancestors. Charting the movements of air, fire, water and earth, Mandara Spa has taken key elements of ancient wisdom to restore our personal balance. Enliven, Replenish, Release and Embrace

Modern lifestyles are far removed from those

with our Journeys of the Spirit, a mosaic of treatments that unite traditional rituals with modern-day services and a holistic approach — the ultimate experience for those seeking relaxation, invigoration, and renewal. Drawing on world-inspired therapies and

philosophies, immerse yourself in the cultures

one of the four elements and evokes a sense

of Asia, India, the Mediterranean, and the

New World. Each region is symbolized by

of place and self. A collection of unique experiences, these Journeys have been curated to transport the mind and spirit to destinations across the globe.

state of being. COMPLETE JOURNEY

Select a Journey that connects with your

#### Select four or more services from one Journey and save 20%. Includes a complimentary

welcoming Aroma Reflex Foot Ritual. PARTIAL JOURNEY

Select two or more services from one Journey

**ASIAN JOURNEY** 

and save 10%.

#### WELLNESS WONDER: BREATHING RELEASE **15 MIN**

**30 MIN** 

**15 MIN** 

**30 MIN** 

105 MIN

**15 MIN** 

**30 MIN** 

AIR / ENLIVEN

**→** BALINESE MASSAGE 90 MIN | 75 MIN | 60 MIN

MANDARA COFFEE AND COCONUT MILK

**BODY POLISH 30 MIN** 

MANDARA SIGNATURE FACIAL 90 MIN | 75 MIN | 60 MIN ASIAN BATHING RITUAL

105 MIN

# FIRE / REPLENISH

INDIAN JOURNEY

♣ FIRE & ICE MASSAGE 90 MIN | 75 MIN | 60 MIN

WELLNESS WONDER: MYOFASCIAL RELEASE

EXOTIC LIME AND GINGER SALT GLOW

→ BIOTEC SKIN RESURFACER FACIAL

◆ MANDARA RITUAL FOR THE HANDS AND FEET

90 MIN | 75 MIN | 60 MIN

INDIAN BATHING RITUAL **30 MIN** ♣ FIRE & ICE MANICURE AND PEDICURE

WATER / RELEASE

MANDARA CUSTOMIZED MASSAGE

WELLNESS WONDER: SOUND WAVE THERAPY

MEDITERRANEAN JOURNEY

#### CITRUS BODY GLOSS **30 MIN**

→ BIOTEC LINE ERASER FACIAL

MEDITERRANEAN BATHING RITUAL

90 MIN | 75 MIN | 60 MIN

90 MIN | 75 MIN | 60 MIN

CLASSIC SPA MANICURE AND PEDICURE **75 MIN** 

**NEW WORLD JOURNEY** 

EARTH / EMBRACE

90 MIN | 75 MIN | 60 MIN

90 MIN | 75 MIN | 60 MIN

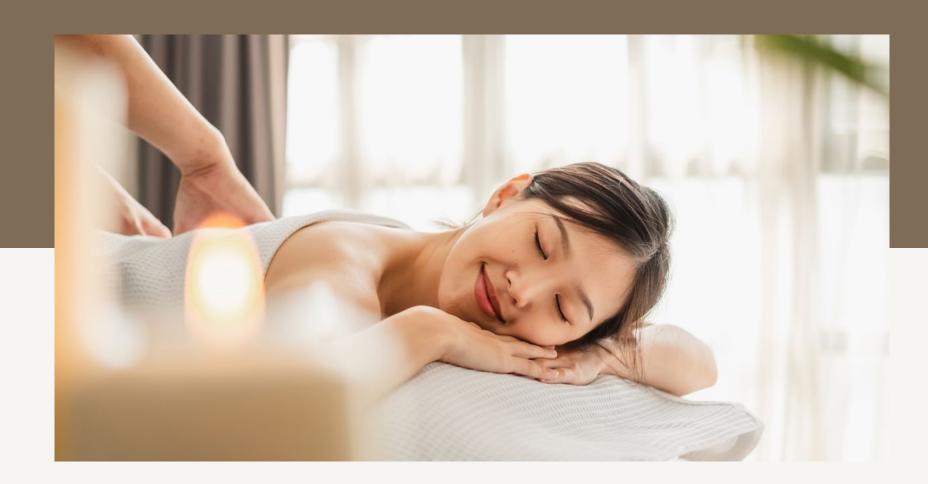
WELLNESS WONDER: ACUPRESSURE **15 MIN** 

EXOTIC FRANGIPANI MONOI SALT GLOW **30 MIN** ◆ BIOTEC FIRM-A-LIFT FACIAL

COCONUT POULTICE MASSAGE

NEW WORLD BATHING RITUAL **30 MIN** 

CND™ SHELLAC™ MANICURE AND PEDICURE 105 MIN



# Special Services

Mandara Spa provides a unique collection of offerings as well as special occasion menus to enhance your spa journey during your visit. Spa management will be happy to ensure your reservations are scheduled and that you and your guests are completely indulged.

#### **IN-SUITE MASSAGE\***

Let us bring the spa to you. Allow the power of touch, combined with the healing qualities of aromatherapy, to relax your mind, body and soul in the comfort of your room. All in-suite massages are booked with same gender therapists.

#### AL FRESCO MASSAGE\*

Indulge in a scenic, outdoor massage whether poolside or in a cabana, our unique location provides majestic and relaxing views where you can become one with nature.

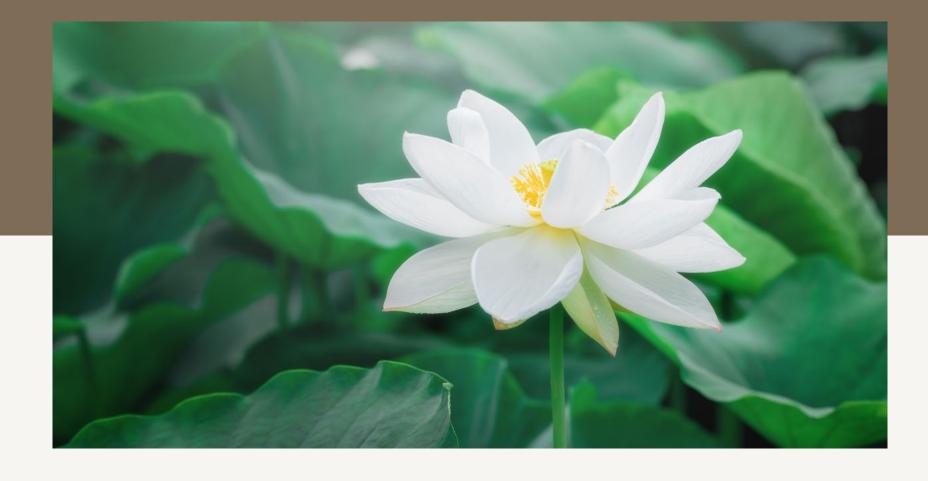
#### **BRIDAL SERVICES**\*

Your special day requires special attention. Allow us to tailor our services to create lasting memories for you and to meet the needs of your wedding party. Request a bridal menu, featuring special services for the bride, wedding party, and guests such as makeup, up-dos as well as pre- and post-wedding day relaxation packages.

#### SPA GROUP EVENTS

If you are bringing a group to the resort, do not forget to plan spa arrangements for your attendees. Our Meeting and Personal Event Planner Guide provides you with detailed information on your location's spa venue and its offerings. From VIP reservations to incentive spa treatments, team building, and arranging in-suite amenities, Mandara Spa offers a myriad of wellness options for your event.

\*Additional fees may apply.



# Spa Information

### We are committed to inspiring your wellness

**OUR PROMISE TO YOU** 

journey while delivering uncompromising indulgence and the finest expression of service. Your comfort and enjoyment are important to us. If we have not fulfilled our promise to you, please visit the spa reception desk to ensure we remedy your experience.

HOURS OF OPERATION

#### Spa and Salon: Sunday to Thursday 9am to 4pm

Friday to Saturday 9am to 6pm

RESERVATIONS

## To schedule treatments, <u>you can book online</u>.

major credit cards.

You may also call our spa directly from a hotel phone by dialing extension 8550 or call 828-497-8550 from outside of the hotel. We require a credit card upon booking to

secure your reservation and accept most

Pre-scheduling your services is recommended, although we do welcome walk-ins and will do our best to accommodate you.

MINIMUM AGE REQUIREMENTS

Spa guests are required to be 18 years or older

## to receive treatments or utilize the facilities.

Spa services are available for teens 13-17 and salon services are available for kids and tweens, 5-12.

For further details, please see our teen and kid spa menu.

CANCELLATION POLICY

We require at least 24 hours' notice for

changes in service date or cancellation to

## avoid being charged the full price for your

treatments to the credit card provided when booking your services.

PURCHASE POLICY

Unopened products may be exchanged within 14 days of purchase if you have an

original receipt. We cannot exchange open

## or damaged products.

SERVICE CHARGE

For your convenience, a 20% service charge in lieu of gratuity will be automatically applied to the final bill. Your provider will receive 100% of the service charge. Gratuity for exemplary service is discretionary.

# Prices and services are subject to change

without notice.

**ARRIVAL** 

SERVICES AND PRICES

Please arrive at least 30 minutes prior to your scheduled appointment so you can relax and make full use of the facilities.

To maintain the serenity of the spa, we ask you

to turn off your mobile phone and electronic

to be on schedule for the next guest. You will

be responsible for the full price of the service.

devices upon arrival.

Regretfully, if you are late for an appointment, we may have to shorten your treatment time

For the safety of your valuable items, we suggest you leave all jewelry and money in the safe provided in your hotel room. The spa will not assume any liability for valuables.

# THE GIFT OF MANDARA Gift cards are available in any dollar amount

you, visit

**VALUABLES** 

OUR LOCATIONS

Mandara Spas can be found in diverse locations around the world. To find a location nearest

and will be packaged in an attractive envelope

# KEEP IN TOUCH

mandaraspa.com

ready for presentation.

# Make taking care of your skin, body and hair part of your daily ritual and visit us at:

timetospa.com

Here, you may repurchase your skin, body and hair care products as well as read our inspiring

articles, find some delicious healthful recipes, and be privy to our special offers.

1-855-848-3059

Customer Service c/o OneSpaWorld, LLC.

